

Pos	dorsal	Nombre	Tiempo													
U-10 O-Pie (11)				1,6 km 60 m 8 C												
				1(32)	2(47)	3(46)	4(42)	5(44)	6(40)	7(38)	8(100)	Meta				
1	7022	Cayetana Regaño C Madrid TIERRA TRA	39:22	3:04	6:21	8:02	9:12	13:46	18:21	31:35	38:53	39:22				
				3:04	3:17	1:41	1:10	4:34	4:35	13:14	7:18	0:29				
2	7099	Celia Martínez Gar Madrid COLMENAF	48:42	6:37	11:22	13:02	14:37	19:27	30:18	35:51	48:20	48:42				
				6:37	4:45	1:40	1:35	4:50	10:51	5:33	12:29	0:22				
3	8018	Inés Domínguez He Madrid O-CHARLIE	49:48	4:03	7:38	26:05	27:25	30:31	34:02	37:37	49:12	49:48				
				4:03	3:35	18:27	1:20	3:06	3:31	3:35	11:35	0:36				
4	7176	Ariane Campos Dc Madrid O-CHARLIE	50:42	4:56	8:16	26:51	27:58	31:10	34:30	38:19	49:48	50:42				
				4:56	3:20	18:35	1:07	3:12	3:20	3:49	11:29	0:54				
5	5889	Julia Beltran Monz Madrid COLMENAF	53:26	3:34	10:10	11:46	12:49	17:00	23:24	29:02	53:04	53:26				
				3:34	6:36	1:36	1:03	4:11	6:24	5:38	24:02	0:22				
6	3838	Cayetana Clemente Madrid RUMBO MA	56:17	6:37	12:02	14:14	15:49	23:36	28:09	45:20	55:51	56:17				
				6:37	5:25	2:12	1:35	7:47	4:33	17:11	10:31	0:26				
7	7123	Jimena Palomo Pé Madrid O-CHARLIE	58:05	14:53	18:48	20:43	22:55	26:23	36:57	45:03	57:38	58:05				
				14:53	3:55	1:55	2:12	3:28	10:34	8:06	12:35	0:27				
	7206	Daniel Sánchez Oñ Madrid COLMENAF	en tarj.	2:28	4:35	5:44	8:13	18:37	----	----	31:27	32:18				
				2:28	2:07	1:09	2:29	10:24	----	----	12:50	0:51				
	7107	NOELIA MIGUEL G Madrid COLMENAF	en tarj.	3:07	5:12	6:34	16:29	----	----	----	----	----				
				3:07	2:05	1:22	9:55	----	----	----	----	----				
	7881	Mara Pérez Alonso Madrid TIERRA TRA	No sale													
	6979	Matilde Oliver Rod Madrid COLMENAF	No sale													
U-12 O-Pie (12)				1,7 km 75 m 9 C												
				1(32)	2(38)	3(48)	4(40)	5(41)	6(42)	7(46)	8(47)	9(100)	Meta			
1	5890	Marcos Beltrán M Madrid COLMENAF	22:23	1:19	9:12	10:10	11:36	12:41	15:34	17:18	19:14	21:56	22:23	7:19		
				1:19	7:53	0:58	1:26	1:05	2:53	1:44	1:56	2:42	0:27	*40		
2	7117	Rubén Marzal Port Madrid O-CHARLIE	23:17	1:50	9:35	13:00	14:26	15:42	17:46	19:10	20:31	23:00	23:17			
				1:50	7:45	3:25	1:26	1:16	2:04	1:24	1:21	2:29	0:17			
3	7115	Iris Campos Domin Madrid O-CHARLIE	25:48	2:55	12:53	13:42	14:50	16:12	19:35	21:29	22:57	25:19	25:48			
				2:55	9:58	0:49	1:08	1:22	3:23	1:54	1:28	2:22	0:29			
4	6147	Carla Prado Pereir Madrid GOCAN	26:05	3:52	13:50	15:04	16:06	17:05	20:14	21:43	23:18	25:39	26:05			
				3:52	9:58	1:14	1:02	0:59	3:09	1:29	1:35	2:21	0:26			
5	7130	Marc Delgado Azca Madrid ESCONDITE	31:38	2:34	8:20	9:20	11:24	23:04	26:19	27:30	29:07	31:21	31:38			
				2:34	5:46	1:00	2:04	11:40	3:15	1:11	1:37	2:14	0:17			
6	7090	Sara Jiménez Casc Madrid GOCAN	48:28	3:39	11:34	13:15	19:03	31:16	36:08	39:09	42:38	47:44	48:28			
				3:39	7:55	1:41	5:48	12:13	4:52	3:01	3:29	5:06	0:44			
7	7905	NAILA FERNANDEZ Madrid COLMENAF	1:00:44	3:18	32:50	34:27	36:57	47:30	52:42	54:30	56:32	1:00:06	1:00:44			
				3:18	29:32	1:37	2:30	10:33	5:12	1:48	2:02	3:34	0:38			
8	5243	Anka Durán García Madrid MALARRUT	1:05:47	2:42	12:55	14:39	17:49	31:01	52:00	57:02	1:00:12	1:05:05	1:05:47			
				2:42	10:13	1:44	3:10	13:12	20:59	5:02	3:10	4:53	0:42			
9	8104	Alicia Villalobos S Madrid COLMENAF	2:41:05	4:03	2:21:21	2:22:30	2:24:19	2:25:26	2:31:37	2:34:18	2:35:50	2:40:19	2:41:05			
				4:03	2:17:18	1:09	1:49	1:07	6:11	2:41	1:32	4:29	0:46			
	7100	Luis Martínez Garc Madrid COLMENAF	en tarj.	6:29	36:42	38:42	39:49	41:36	----	----	----	1:20:50	1:21:32			
				6:29	30:13	2:00	1:07	1:47	----	----	----	39:14	0:42			
	7102	Pablo Sánchez Oñ Madrid COLMENAF	No sale													
	6498	Alexander Horn Madrid GOCAN	No sale													
F-14 O-Pie (3)				3,4 km 165 m 11 C												
				1(32)	2(48)	3(63)	4(61)	5(50)	6(44)	7(62)	8(69)	9(67)	10(34)	11(100)	Meta	
1	7615	Elsa Petraman Mar Madrid ESCONDITE	50:20	2:09	7:47	13:07	17:55	21:51	30:12	32:14	34:53	40:10	47:54	50:06	50:20	
				2:09	5:38	5:20	4:48	3:56	8:21	2:02	2:39	5:17	7:44	2:12	0:14	
	4882	Inés Jiménez Casc Madrid GOCAN	en tarj.	4:49	14:24	----	----	----	----	----	----	----	1:00:53	1:01:16		
				4:49	9:35	----	----	----	----	----	----	----	46:29	0:23		
	6982	Yael Agejas Ferná Madrid COLMENAF	en tarj.	4:10	1:44:00	1:55:58	2:01:10	2:05:25	2:12:36	----	----	----	2:18:05	2:20:26	2:20:46	
				4:10	1:39:50	11:58	5:12	4:15	7:11	----	----	----	5:29	2:21	0:20	
M-14 O-Pie (10)				3,7 km 185 m 12 C												
				1(45)	2(67)	3(62)	4(42)	5(33)	6(39)	7(49)	8(51)	9(54)	10(53)	11(52)	12(100)	Meta
1	4935	Martín Izquierdo Fr Madrid IMPERDIBL	55:01	9:40	13:01	17:04	18:58	19:51	20:52	32:08	37:11	40:46	45:11	49:03	54:41	55:01
				9:40	3:21	4:03	1:54	0:53	1:01	11:16	5:03	3:35	4:25	3:52	5:38	0:20
				23:28	*48											
2	7122	César Palomo Pére Madrid O-CHARLIE	1:18:15	10:17	16:11	22:05	24:49	27:32	30:04	42:52	52:47	57:52	1:03:12	1:08:53	1:17:52	1:18:15
				10:17	5:54	5:54	2:44	2:43	2:32	12:48	9:55	5:05	5:20	5:41	8:59	0:23
3	5245	Álex Frecentese Al Madrid MALARRUT	1:26:12	9:02	15:32	23:04	25:44	26:52	28:02	36:14	47:18	56:12	1:10:59	1:17:10	1:25:53	1:26:12
				9:02	6:30	7:32	2:40	1:08	1:10	8:12	11:04	8:54	14:47	6:11	8:43	0:19
4	5051	Daniel González Sc Madrid COLMENAF	1:50:48	7:31	25:11	33:30	39:13	41:17	43:53	1:03:08	1:13:39	1:23:54	1:37:12	1:42:04	1:50:30	1:50:48
				7:31	17:40	8:19	5:43	2:04	2:36	19:15	10:31	10:15	13:18	4:52	8:26	0:18
5	7114	Lucas Domínguez I Madrid O-CHARLIE	1:51:44	34:49	40:43	57:14	1:00:35	1:02:26	1:05:32	1:10:47	1:19:09	1:28:49	1:37:37	1:43:08	1:51:24	1:51:44
				34:49	5:54	16:31	3:21	1:51	3:06	5:15	8:22	9:40	8:48	5:31	8:16	0:20

Pos	Borsal	Nombre	Tiempo																				
M-21A O-Pie (9)																							
					7,7 km 260 m				17 C														
					1(54)	2(53)	3(52)	4(67)	5(66)	6(70)	7(41)	8(61)	9(58)	10(59)	11(37)	12(39)	13(62)						
					15(33)	16(36)	17(100)	Meta															
1	5120	Miguel Castellanos Madrid O-GETAFE	1:18:24	5:43	8:38	12:22	22:40	24:05	26:52	32:34	38:38	43:18	47:35	57:12	1:00:34	1:04:33	1						
					5:43	2:55	3:44	10:18	1:25	2:47	5:42	6:04	4:40	4:17	9:37	3:22	3:59						
					1:10:20	1:13:58	1:18:03	1:18:24															
					3:27	3:38	4:05	0:21															
2	4878	Adrian Guerreiro L Madrid GOCAN	1:22:18	6:51	9:32	12:58	25:34	26:38	29:41	34:56	40:58	44:54	49:51	1:00:07	1:03:20	1:06:57	1						
					6:51	2:41	3:26	12:36	1:04	3:03	5:15	6:02	3:56	4:57	10:16	3:13	3:37						
					1:13:24	1:17:28	1:21:55	1:22:18															
					3:49	4:04	4:27	0:23															
3	5072	Luis Emilio Oliver Madrid COLMENAF	1:34:37	8:11	10:59	14:42	26:17	27:31	30:43	36:18	43:22	47:47	54:31	1:11:05	1:15:14	1:19:12	1						
					8:11	2:48	3:43	11:35	1:14	3:12	5:35	7:04	4:25	6:44	16:34	4:09	3:58						
					1:25:26	1:29:45	1:34:16	1:34:37															
					4:02	4:19	4:31	0:21															
4	5064	Luis Martínez Oliv Madrid COLMENAF	1:39:46	8:38	12:11	15:47	29:25	30:58	34:11	41:21	49:00	56:27	1:02:53	1:14:55	1:18:14	1:22:26	1						
					8:38	3:33	3:36	13:38	1:33	3:13	7:10	7:39	7:27	6:26	12:02	3:19	4:12						
					1:28:49	1:33:15	1:39:17	1:39:46															
					4:02	4:26	6:02	0:29															
5	1053	Mats González-Blas Sevilla ADOL	1:41:50	9:47	12:55	17:37	29:04	29:57	33:09	45:12	53:13	58:26	1:03:48	1:15:17	1:20:39	1:25:00	1						
					9:47	3:08	4:42	11:27	0:53	3:12	12:03	8:01	5:13	5:22	11:29	5:22	4:21						
					1:31:31	1:35:48	1:41:29	1:41:50															
					3:49	4:17	5:41	0:21															
6	8094	Santiago López Láz Segovia Segovia-C	1:47:42	9:02	12:01	15:47	30:55	32:59	36:24	50:17	57:50	1:03:10	1:10:09	1:22:46	1:26:22	1:30:58	1						
					9:02	2:59	3:46	15:08	2:04	3:25	13:53	7:33	5:20	6:59	12:37	3:36	4:36						
					1:38:10	1:42:29	1:47:25	1:47:42															
					4:22	4:19	4:56	0:17															
7	5092	Álvaro Mahou Mig Madrid COTA	1:50:28	9:12	13:18	17:53	32:12	33:38	38:28	47:06	55:33	1:01:57	1:07:30	1:23:22	1:27:04	1:32:23	1						
					9:12	4:06	4:35	14:19	1:26	4:50	8:38	8:27	6:24	5:33	15:52	3:42	5:19						
					1:39:56	1:44:59	1:50:08	1:50:28															
					4:45	5:03	5:09	0:20															
8	6145	José Manuel Nuñez Madrid O-GETAFE	2:05:58	11:32	15:29	20:59	37:00	38:29	42:53	51:48	1:00:33	1:07:55	1:13:14	1:32:03	1:35:11	1:41:15	1						
					11:32	3:57	5:30	16:01	1:29	4:24	8:55	8:45	7:22	5:19	18:49	3:08	6:04						
					1:52:33	1:57:57	2:05:39	2:05:58															
					5:38	5:24	7:42	0:19															
5908		Miguel Angel Gonz Madrid O-GETAFE	bandona	11:54	15:53	21:12	40:37	41:48	45:39	----	----	----	----	----	----	----							
					11:54	3:59	5:19	19:25	1:11	3:51													
					----	----	----	1:37:22															
					----	----	----	51:43															
F-E O-Pie (7)																							
					7,7 km 260 m				17 C														
					1(54)	2(53)	3(52)	4(67)	5(66)	6(70)	7(41)	8(61)	9(58)	10(59)	11(37)	12(39)	13(62)						
					15(33)	16(36)	17(100)	Meta															
1	5176	Rosa Raquel Martí Madrid ESCONDITE	1:26:33	8:05	11:14	14:31	24:39	25:37	30:53	37:26	44:08	48:48	53:38	1:04:28	1:08:07	1:11:58	1						
					8:05	3:09	3:17	10:08	0:58	5:16	6:33	6:42	4:40	4:50	10:50	3:39	3:51						
					1:18:16	1:22:26	1:26:10	1:26:33															
					3:33	4:10	3:44	0:23															
2	1887	Irene Moya Moltó Madrid GOCAN	1:29:55	8:23	11:23	15:13	26:41	27:43	30:56	36:23	42:59	47:17	53:49	1:06:26	1:09:17	1:13:31	1						
					8:23	3:00	3:50	11:28	1:02	3:13	5:27	6:36	4:18	6:32	12:37	2:51	4:14						
					1:20:01	1:25:11	1:29:28	1:29:55															
					3:58	5:10	4:17	0:27															
3	7791	Inmaculada Crespo Málaga COMA	1:37:12	7:38	10:57	14:26	25:07	26:34	29:49	43:51	51:30	56:25	1:01:11	1:11:37	1:14:12	1:18:35	1						
					7:38	3:19	3:29	10:41	1:27	3:15	14:02	7:39	4:55	4:46	10:26	2:35	4:23						
					1:27:56	1:32:28	1:36:47	1:37:12															
					3:38	4:32	4:19	0:25															
4	4862	Sara De La Fuente Madrid GOCAN	1:38:34	8:22	11:48	15:14	28:06	29:23	33:19	42:58	50:32	55:50	1:00:36	1:12:50	1:16:23	1:21:19	1						
					8:22	3:26	3:26	12:52	1:17	3:56	9:39	7:34	5:18	4:46	12:14	3:33	4:56						
					1:28:59	1:34:15	1:38:11	1:38:34															
					5:06	5:16	3:56	0:23															
5	1450	Marisol Gutiérrez S Madrid O-GETAFE	1:45:50	9:47	13:02	17:37	35:31	37:23	41:00	48:36	56:11	1:01:35	1:08:33	1:20:01	1:23:52	1:28:28	1						
					9:47	3:15	4:35	17:54	1:52	3:37	7:36	7:35	5:24	6:58	11:28	3:51	4:36						
					1:35:37	1:40:25	1:45:29	1:45:50															
					4:03	4:48	5:04	0:21															
6	5018	Sandra Aguilera Sa Madrid COLMENAF	1:53:32	12:40	16:03	20:16	31:54	32:59	37:55	47:47	54:45	1:00:02	1:05:34	1:19:47	1:22:39	1:27:56	1						
					12:40	3:23	4:13	11:38	1:05	4:56	9:52	6:58	5:17	5:32	14:13	2:52	5:17						
					1:38:45	1:48:18	1:53:07	1:53:32															
					5:40	9:33	4:49	0:25															
7	7263	Celia Grandal Vive Madrid ALABARDA	2:12:24	10:54	14:45	19:02	32:58	34:10	41:37	54:13	1:07:03	1:13:04	1:19:30	1:38:56	1:43:30	1:49:09	1						
					10:54	3:51	4:17	13:56	1:12	7:27	12:36	12:50	6:01	6:26	19:26	4:34	5:39						
					1:59:01	2:05:33	2:11:58	2:12:24															
					6:06	6:32	6:25	0:26															
M-E O-Pie (13)																							
					8,1 km 310 m				17 C														
					1(37)	2(51)	3(53)	4(55)	5(58)	6(57)	7(56)	8(69)	9(70)	10(66)	11(45)	12(41)	13(39)						
					15(54)	16(52)	17(100)	Meta															
1	4897	Jose Manuel Rivas Madrid GOCAN	1:10:56	5:11	8:16	12:18	17:43	22:53	25:38	27:48	40:56	43:41	46:47	49:53	52:21	53:40	1						
					5:11	3:05	4:02	5:25	5:10	2:45	2:10	13:08	2:45	3:06	3:06	2:28	1:19						
					1:03:05	1:06:46	1:10:38	1:10:56															
					5:20	3:41	3:52	0:18															

Pos	dorsal	Nombre	Tiempo													
M-E O-Pie (13)				8,1 km 310 m			17 C			<i>(cont.)</i>						
				1(37)	2(51)	3(53)	4(55)	5(58)	6(57)	7(56)	8(69)	9(70)	10(66)	11(45)	12(41)	13(39)
				15(54)	16(52)	17(100)	Meta									
2	5173	Enrique Jiménez L Madrid ESCONDITE	1:14:11	4:16	6:38	10:22	15:41	21:35	23:54	26:15	40:23	43:19	46:46	50:36	53:28	55:31
				4:16	2:22	3:44	5:19	5:54	2:19	2:21	14:08	2:56	3:27	3:50	2:52	2:03
				1:05:42	1:09:57	1:13:57	1:14:11									
				5:32	4:15	4:00	0:14									
3	7586	Jorge Sánchez Pé Madrid GOCAN	1:14:17	6:14	8:32	12:50	18:38	24:36	27:05	29:04	42:58	46:26	49:36	52:40	55:07	56:46
				6:14	2:18	4:18	5:48	5:58	2:29	1:59	13:54	3:28	3:10	3:04	2:27	1:39
				1:06:09	1:10:01	1:14:00	1:14:17									
				5:18	3:52	3:59	0:17									
4	4936	Andrés Izquierdo (C) Madrid IMPERDIBL	1:17:15	5:28	7:53	11:41	18:06	23:39	26:10	28:21	44:24	47:29	50:30	53:59	57:36	58:55
				5:28	2:25	3:48	6:25	5:33	2:31	2:11	16:03	3:05	3:01	3:29	3:37	1:19
				1:09:11	1:13:07	1:17:00	1:17:15									
				6:06	3:56	3:53	0:15									
5	5169	Arturo García Deng Madrid ESCONDITE	1:22:03	5:41	8:49	14:39	20:36	26:38	29:07	31:25	47:01	50:22	53:49	57:26	1:00:34	1:02:48
				5:41	3:08	5:50	5:57	6:02	2:29	2:18	15:36	3:21	3:27	3:37	3:08	2:14
				1:12:54	1:17:53	1:21:45	1:22:03									
				5:51	4:59	3:52	0:18									
6	7464	Jorge Sanchez Gar Madrid RUMBO MA	1:25:21	5:33	7:38	13:14	20:34	27:07	29:12	31:26	47:26	51:28	54:41	58:25	1:04:25	1:05:47
				5:33	2:05	5:36	7:20	6:33	2:05	2:14	16:00	4:02	3:13	3:44	6:00	1:22
				1:17:09	1:21:12	1:25:05	1:25:21									
				6:53	4:03	3:53	0:16									
7	5304	Ramón Piñeiro Len Madrid C.D.C.E.B.E	1:35:41	6:06	9:03	13:57	19:54	25:56	28:23	30:48	53:28	59:19	1:02:58	1:08:12	1:13:58	1:15:54
				6:06	2:57	4:54	5:57	6:02	2:27	2:25	22:40	5:51	3:39	5:14	5:46	1:56
				1:26:42	1:31:27	1:35:22	1:35:41									
				5:57	4:45	3:55	0:19									
8	7207	Gonzalo Moreno V Madrid COLMENAF	1:42:49	10:08	13:33	19:06	27:40	36:50	40:41	43:09	1:00:36	1:04:26	1:08:01	1:13:24	1:18:12	1:20:16
				10:08	3:25	5:33	8:34	9:10	3:51	2:28	17:27	3:50	3:35	5:23	4:48	2:04
				1:31:46	1:37:37	1:42:27	1:42:49									
				6:12	5:51	4:50	0:22									
9	1918	Pablo Saz Segovia Zaragoza IBON ZAF	1:46:12	9:52	13:01	19:39	27:05	35:10	38:23	41:23	59:53	1:04:05	1:08:42	1:12:47	1:17:14	1:19:01
				9:52	3:09	6:38	7:26	8:05	3:13	3:00	18:30	4:12	4:37	4:05	4:27	1:47
				1:33:34	1:40:01	1:45:45	1:46:12									
				7:44	6:27	5:44	0:27									
10	8190	Angel Iglesias Fon Madrid COLMENAF	1:58:42	5:52	14:58	19:38	26:52	32:20	34:49	37:34	55:02	57:48	1:01:03	1:08:34	1:39:39	1:41:03
				5:52	9:06	4:40	7:14	5:28	2:29	2:45	17:28	2:46	3:15	7:31	31:05	1:24
				1:51:17	1:54:55	1:58:29	1:58:42									
				5:14	3:38	3:34	0:13									
11	4847	Ángel Calle Cruz Madrid GOCAN	2:20:29	13:54	19:07	29:26	40:34	50:45	55:22	58:56	1:22:24	1:26:17	1:30:51	1:36:16	1:48:15	1:50:53
				13:54	5:13	10:19	11:08	10:11	4:37	3:34	23:28	3:53	4:34	5:25	11:59	2:38
				2:06:08	2:13:21	2:19:58	2:20:29									
				8:48	7:13	6:37	0:31									
4881	Santiago Jiménez I Madrid GOCAN		No sale													
2898	Hugo Muñoz Martín Toledo TOLEDO-O		No sale													
F-35 O-Pie (8)				6,7 km 270 m			15 C									
				1(36)	2(70)	3(66)	4(67)	5(35)	6(43)	7(58)	8(59)	9(56)	10(55)	11(54)	12(53)	13(52)
				15(100)	Meta											
1	4993	María Eugenia Mor Madrid RUMBO MA	1:37:27	7:34	18:14	22:34	23:49	32:39	44:20	51:21	56:59	1:00:37	1:06:28	1:14:24	1:19:48	1:23:46
				7:34	10:40	4:20	1:15	8:50	11:41	7:01	5:38	3:38	5:51	7:56	5:24	3:58
				1:37:07	1:37:27											
				10:27	0:20											
2	5044	Celia García Dond Madrid COLMENAF	1:43:11	9:56	23:51	28:32	29:59	39:52	47:21	56:30	1:02:28	1:07:18	1:11:45	1:19:41	1:24:15	1:28:30
				9:56	13:55	4:41	1:27	9:53	7:29	9:09	5:58	4:50	4:27	7:56	4:34	4:15
				1:42:50	1:43:11											
				10:07	0:21											
3	2983	Gema María Monte Madrid GOCAN	1:48:23	10:52	24:02	28:03	29:26	37:33	53:01	1:01:53	1:06:57	1:11:21	1:16:12	1:24:31	1:28:36	1:33:08
				10:52	13:10	4:01	1:23	8:07	15:28	8:52	5:04	4:24	4:51	8:19	4:05	4:32
				1:48:01	1:48:23											
				10:48	0:22											
4	5185	Henar Silvestre Fe Madrid ESCONDITE	2:01:52	13:27	28:22	34:48	36:17	44:48	53:50	1:03:56	1:11:21	1:16:24	1:23:49	1:33:21	1:39:26	1:44:35
				13:27	14:55	6:26	1:29	8:31	9:02	10:06	7:25	5:03	7:25	9:32	6:05	5:09
				2:01:28	2:01:52											
				12:10	0:24											
5	5287	Monica Martin Ferr Madrid COLMENAF	2:07:49	8:15	21:09	25:29	26:45	55:11	1:11:33	1:21:48	1:27:08	1:31:37	1:36:41	1:44:15	1:48:18	1:52:09
				8:15	12:54	4:20	1:16	28:26	16:22	10:15	5:20	4:29	5:04	7:34	4:03	3:51
				2:07:29	2:07:49											
				10:01	0:20											
6	5268	Andrea Viqueira Madrid MALARRUT	2:10:01	8:57	25:35	30:36	32:41	42:52	55:51	1:07:14	1:14:16	1:20:42	1:26:27	1:37:01	1:42:22	1:47:50
				8:57	16:38	5:01	2:05	10:11	12:59	11:23	7:02	6:26	5:45	10:34	5:21	5:28
				2:09:18	2:10:01											
				16:02	0:43											
7	6420	Elena Jimenez Tos Madrid GOCAN	2:12:48	18:42	33:27	41:39	43:12	55:11	1:05:09	1:15:46	1:23:48	1:30:12	1:35:14	1:48:26	1:53:06	1:57:38
				18:42	14:45	8:12	1:33	11:59	9:58	10:37	8:02	6:24	5:02	13:12	4:40	4:32
				2:12:29	2:12:48											
				9:22	0:19											

Pos	dorsal	Nombre	Tiempo														
<i>M-45 O-Pie (26)</i>				6,7 km 270 m			15 C			<i>(cont.)</i>							
				1(36)	2(70)	3(66)	4(67)	5(35)	6(43)	7(58)	8(59)	9(56)	10(55)	11(54)	12(53)	13(52)	
				15(100)	Meta												
6	5014	Fernando José Sor Madrid LOS_ANGE	1:22:21	6:00 6:00 1:21:59 8:34	17:08 11:08 1:22:21 0:22	21:20 4:12	22:40 1:20	28:53 6:13	35:04 6:11	41:53 6:49	48:03 6:10	52:13 4:10	56:01 3:48	1:02:31 6:30	1:05:56 3:25	1:09:37 3:41	1
7	5122	Sergio De La Losa Madrid O-GETAFE	1:23:34	6:19 6:19 1:23:18 8:17	17:41 11:22 1:23:34 0:16	21:27 3:46	22:37 1:10	28:28 5:51	35:53 7:25	43:02 7:09	47:49 4:47	51:33 3:44	55:46 4:13	1:04:19 8:33	1:08:04 3:45	1:11:39 3:35	1
8	4979	Jesús Alfonso Rub Madrid MONTE_EL	1:26:02	4:42 4:42 1:25:36 12:22	15:05 10:23 1:26:02 0:26	18:42 3:37	20:42 2:00	27:47 7:05	33:26 5:39	40:42 7:16	45:25 4:43	49:19 3:54	53:33 4:14	1:01:46 8:13	1:05:31 3:45	1:09:52 4:21	1
9	5115	Stanislav Vnuk Madrid ALABARDA	1:27:03	6:29 6:29 1:26:37 12:14	15:37 9:08 1:27:03 0:26	19:54 4:17	21:00 1:06	27:25 6:25	33:54 6:29	41:09 7:15	46:49 5:40	50:22 3:33	55:03 4:41	1:02:18 7:15	1:06:20 4:02	1:11:13 4:53	1
10	5184	Javier Serrano Mo Madrid ESCONDITE	1:31:50	7:46 7:46 1:31:27 9:00	24:53 17:07 1:31:50 0:23	28:26 3:33	31:37 3:11	37:39 6:02	43:41 6:02	50:48 7:07	57:24 6:36	1:01:15 3:51	1:04:43 3:28	1:11:00 6:17	1:15:07 4:07	1:18:55 3:48	1
11	5068	José Luis Miguel P Madrid COLMENAF	1:33:44	5:34 5:34 1:33:27 8:18	27:43 22:09 1:33:44 0:17	31:11 3:28	32:50 1:39	39:56 7:06	45:46 5:50	52:48 7:02	57:32 4:44	1:01:14 3:42	1:05:00 3:46	1:13:09 8:09	1:18:08 4:59	1:21:22 3:14	1
12	4896	David Reina Laso Madrid GOCAN	1:36:54	5:39 5:39 1:36:39 11:16	19:03 13:24 1:36:54 0:15	22:55 3:52	24:15 1:20	32:07 7:52	38:46 6:39	47:14 8:28	52:43 5:29	56:59 4:16	1:02:23 5:24	1:10:43 8:20	1:16:58 6:15	1:20:49 3:51	1
13	5171	Pedro González Sá Madrid ESCONDITE	1:45:22	6:45 6:45 1:44:58 9:53	20:17 13:32 1:45:22 0:24	26:17 6:00	27:58 1:41	36:25 8:27	43:48 7:23	54:03 10:15	1:00:49 6:46	1:06:04 5:15	1:10:14 4:10	1:20:16 10:02	1:24:48 4:32	1:29:50 5:02	1
14	7023	Julio Francisco Go Madrid TIERRA TRAF	1:46:17	6:53 6:53 1:45:56 9:20	26:10 19:17 1:46:17 0:21	31:20 5:10	32:45 1:25	39:48 7:03	54:13 14:25	1:02:10 7:57	1:07:24 5:14	1:11:30 4:06	1:17:18 5:48	1:25:34 8:16	1:29:05 3:31	1:33:12 4:07	1
15	5078	Miquel Perdiguier R Madrid COLMENAF	1:48:39	10:31 10:31 1:48:20 10:50	21:20 10:49 1:48:39 0:19	25:10 3:50	36:02 10:52 3:38 *35	43:22 7:20	51:19 7:57	59:05 7:46	1:04:27 5:22	1:08:30 4:03	1:14:21 5:51	1:22:12 7:51	1:26:07 3:55	1:31:23 5:16	1
16	6873	Miguel Blanco Gra Madrid GOCAN	1:49:33	8:17 8:17 1:49:11 9:26	23:22 15:05 1:49:33 0:22	27:55 4:33	29:22 1:27	43:30 14:08	54:11 10:41	1:04:23 10:12	1:10:36 6:13	1:14:38 4:02	1:18:38 4:00	1:25:33 6:55	1:30:03 4:30	1:34:25 4:22	1
17	4870	Sergio Garrido Rod Madrid GOCAN	1:56:14	9:07 9:07 1:55:52 9:25	24:17 15:10 1:56:14 0:22	28:56 4:39	30:48 1:52	48:47 17:59	58:35 9:48	1:08:44 10:09	1:14:40 5:56	1:22:18 7:38	1:26:50 4:32	1:33:37 6:47	1:38:01 4:24	1:42:07 4:06	1
18	5023	Carlos Beltran Par Madrid COLMENAF	2:11:23	26:41 26:41 2:11:00 9:19	39:47 13:06 2:11:23 0:23	44:39 4:52	46:19 1:40	55:22 9:03	1:09:06 13:44	1:27:17 18:11	1:32:34 5:17	1:36:46 4:12	1:42:35 5:49	1:49:37 7:02	1:53:32 3:55	1:57:43 4:11	2
19	8103	Pablo Villalobos B Madrid COLMENAF	2:12:41	52:45 52:45 2:12:25 5:43	1:02:58 10:13 2:12:41 0:16	1:05:51 2:53	1:06:44 0:53	1:17:45 11:01	1:25:39 7:54	1:32:03 6:24	1:37:32 5:29	1:41:34 4:02	1:44:51 3:17	1:53:56 9:05	2:00:45 6:49	2:03:18 2:33	2
20	5212	Carlos Elez Fernán Madrid O-CHARLIE	2:13:47	11:19 11:19 2:13:15 11:52	32:40 21:21 2:13:47 0:32	38:38 5:58	40:21 1:43	50:25 10:04	1:01:36 11:11	1:13:42 12:06	1:20:47 7:05	1:26:17 5:30	1:31:08 4:51	1:43:18 12:10	1:48:03 4:45	1:53:28 5:25	2
21	5129	Óscar Hernández M Madrid O-GETAFE	2:53:43	15:07 15:07 2:53:25 10:59	31:43 16:36 2:53:43 0:18	38:43 7:00	40:32 1:49	58:33 18:01	1:26:00 27:27	1:40:41 14:41	1:49:07 8:26	1:55:29 6:22	2:06:54 11:25	2:19:34 12:40	2:32:46 13:12	2:38:00 5:14	2
22	7001	Francisco Jose Lo Madrid O-GETAFE	2:54:28	12:48 12:48 2:53:49 12:52	37:24 24:36 2:54:28 0:39	43:41 6:17	45:51 2:10	1:09:20 23:29	1:23:43 14:23	1:39:24 15:41	1:50:04 10:40	1:57:22 7:18	2:05:07 7:45	2:19:36 14:29	2:25:43 6:07	2:32:42 6:59	2
	5028	Manuel Carreras Z Madrid COLMENAF	No sale														
	4990	Alberto Gómez Sor Madrid RUMBO MA	No sale														
	7021	Raúl Regaño Sáncl Madrid TIERRA TRAF	No sale														
	6542	Roberto Muñoz Pav Toledo TOLEDO-O	No sale														

Pos	dorsal	Nombre	Tiempo													
M-50 O-Pie (23)				6,3 km 260 m			14 C			<i>(cont.)</i>						
			1(51) Meta	2(49)	3(68)	4(67)	5(65)	6(63)	7(61)	8(56)	9(57)	10(58)	11(54)	12(36)	13(34)	1
14	5179	Anaime Pérez Imok Madrid ESCONDITE	1:58:38 19:10 19:10 1:58:38 0:30	27:33 8:23	44:47 17:14	51:12 6:25	53:31 2:19	1:11:06 17:35	1:14:50 3:44	1:22:29 7:39	1:24:48 2:19	1:28:57 4:09	1:42:26 13:29	1:52:40 10:14	1:56:05 3:25	1
15	7000	Jesus Roberto Heri Madrid O-GETAFE	1:58:40 9:10 9:10 1:58:40 0:25	14:59 5:49	23:16 8:17	27:35 4:19	31:16 3:41	46:21 15:05	51:29 5:08	1:00:55 9:26	1:04:06 3:11	1:08:58 4:52	1:27:06 18:08	1:51:09 24:03	1:55:59 4:50	1
16	7373	Juan Pablo Balzate Madrid C.D.C.E.B.E	1:59:09 9:10 9:10 1:59:09 0:28	16:28 7:18	25:39 9:11	29:42 4:03	33:54 4:12	55:29 21:35	1:01:11 5:42	1:12:18 11:07	1:15:02 2:44	1:20:30 5:28	1:38:52 18:22	1:50:04 11:12	1:56:10 6:06	1
17	5198	Chema Manget Vel Madrid IBERIA	1:59:45 9:31 9:31 1:59:45 0:30	24:20 14:49	36:57 12:37	39:50 2:53	43:15 3:25	57:44 14:29	1:03:59 6:15	1:16:03 12:04	1:18:45 2:42	1:23:59 5:14	1:36:50 12:51	1:52:43 15:53	1:57:02 4:19	1
18	4838	Juan Ignacio Moral Madrid BOM	2:42:19 7:50 7:50 2:42:19 0:33	20:42 12:52	43:08 22:26	49:58 6:50	54:53 4:55	1:16:16 21:23	1:22:31 6:15	1:36:08 13:37	1:40:04 3:56	1:46:49 6:45	2:13:52 27:03	2:28:10 14:18	2:37:49 9:39	2
19	8083	Israel Fernandez Iz Madrid ESCONDITE	2:45:32 27:16 27:16 2:45:32 0:42	35:11 7:55	46:20 11:09	52:00 5:40	56:45 4:45	1:19:04 22:19	1:26:02 6:58	1:40:18 14:16	1:45:40 5:22	1:53:59 8:19	2:19:49 25:50	2:35:22 15:33	2:41:22 6:00	2
20	6020	Santiago Lago Trill Madrid FUNDI-O	3:04:46 9:45 9:45 3:04:46 0:25	16:07 6:22	1:05:14 49:07	1:07:45 2:31	1:11:38 3:53	1:34:53 23:15	1:43:53 9:00	2:01:36 17:43	2:06:36 5:00	2:11:53 5:17	2:40:46 28:53	2:57:22 16:36	3:01:53 4:31	3
	7906	Javier López Pozu Madrid COLMENAF	en tarj. 6:34 6:34 2:30:03 0:36	12:42 6:08	41:10 28:28	46:02 4:52	49:01 2:59	1:12:06 23:05	1:16:31 4:25	1:23:52 7:21	1:25:50 1:58	1:30:37 4:47	----	----	2:27:07 56:30	2
	5957	David Díez García Madrid O-GETAFE	bandona 8:01 8:01 1:12:19 57:27	14:52 6:51	----	----	----	----	----	----	----	----	----	----	----	----
	7536	Emilio Carreras Hu Segovia Segovia-C	No sale													
F-55 O-Pie (7)				3,7 km 185 m			12 C									
			1(45)	2(67)	3(62)	4(42)	5(33)	6(39)	7(49)	8(51)	9(54)	10(53)	11(52)	12(100)	Meta	
1	5242	Cristina del Campo Madrid MALARRUT	54:36 10:44 10:44 4:35 4:44 2:12 1:24 2:20 4:16 5:27 4:29 3:53 4:27 5:41 0:24	15:19	20:03	22:15	23:39	25:59	30:15	35:42	40:11	44:04	48:31	54:12	54:36	
2	5138	Ana María Prada C Madrid O-GETAFE	1:15:24 17:16 17:16 7:09 8:23 2:15 1:31 2:35 4:25 6:07 7:26 4:40 5:16 7:55 0:26	24:25	32:48	35:03	36:34	39:09	43:34	49:41	57:07	1:01:47	1:07:03	1:14:58	1:15:24	
3	5241	Carolina Cuesta Ga Madrid MALARRUT	1:30:44 18:11 18:11 6:46 9:19 4:02 2:04 2:44 7:27 8:04 7:27 5:55 6:53 11:03 0:49	24:57	34:16	38:18	40:22	43:06	50:33	58:37	1:06:04	1:11:59	1:18:52	1:29:55	1:30:44	
4	5247	Mercedes García C Madrid MALARRUT	1:45:21 11:35 11:35 8:39 5:53 3:53 2:00 2:37 7:07 21:59 15:46 6:39 8:09 10:21 0:43	20:14	26:07	30:00	32:00	34:37	41:44	1:03:43	1:19:29	1:26:08	1:34:17	1:44:38	1:45:21	
	6959	Ángela Martínez Nu Madrid GOCAN	bandona ---- 1:02:29 1:02:29	1:02:29	----	----	----	----	----	----	----	----	----	----	1:13:27 10:58	
	6852	Ainhoa Firvida Mor Segovia Segovia-C	No sale													
	5219	Esther Martin Garc Madrid O-CHARLIE	No sale													
M-55 O-Pie (18)				5,9 km 270 m			13 C									
			1(42)	2(61)	3(60)	4(70)	5(66)	6(67)	7(69)	8(51)	9(31)	10(35)	11(36)	12(39)	13(100)	
1	5108	Ángel Rojas Avilés Madrid ALABARDA	56:56 4:02 4:02 7:20 1:36 11:45 3:40 1:01 1:43 9:04 6:52 1:36 1:29 2:38 3:52	11:22	12:58	24:43	28:23	29:24	31:07	40:11	47:03	48:39	50:08	52:46	56:38	
2	4983	Miguel Álvarez Ber Madrid RUMBO MA	1:02:01 4:11 4:11 8:16 1:33 11:50 3:43 1:09 2:21 9:54 7:23 1:35 2:18 3:10 4:15	12:27	14:00	25:50	29:33	30:42	33:03	42:57	50:20	51:55	54:13	57:23	1:01:38	1
3	2633	Francisco Jose Ru Segovia Segovia-C	1:13:01 5:41 5:41 9:10 5:14 11:14 3:46 1:22 3:16 11:33 6:45 2:28 1:52 4:48 5:21	14:51	20:05	31:19	35:05	36:27	39:43	51:16	58:01	1:00:29	1:02:21	1:07:09	1:12:30	1
4	5017	Juan Manuel Ageja Madrid COLMENAF	1:21:04 11:37 11:37 11:55 1:31 9:18 3:11 2:35 5:45 17:30 5:52 1:49 3:31 2:58 3:16	23:32	25:03	34:21	37:32	40:07	45:52	1:03:22	1:09:14	1:11:03	1:14:34	1:17:32	1:20:48	1
5	5118	José Enrique Barci Madrid O-GETAFE	1:25:07 6:15 6:15 16:23 18:22 34:05 38:49 40:20 43:40 58:39 1:09:49 1:11:44 1:14:23 1:17:44 1:24:39	16:23	18:22	34:05	38:49	40:20	43:40	58:39	1:09:49	1:11:44	1:14:23	1:17:44	1:24:39	1
6	5194	Carlos Expósito Pé Madrid IBERIA	1:25:58 6:20 6:20 10:13 2:19 15:34 5:00 1:48 3:09 15:40 10:32 2:44 2:35 3:49 5:54	16:33	18:52	34:26	39:26	41:14	44:23	1:00:03	1:10:35	1:13:19	1:15:54	1:19:43	1:25:37	1
7	5031	José Manuel Cerm Madrid COLMENAF	1:31:00 7:11 7:11 10:55 1:52 14:40 9:17 1:22 2:28 20:32 8:18 2:47 2:08 3:31 5:35	18:06	19:58	34:38	43:55	45:17	47:45	1:08:17	1:16:35	1:19:22	1:21:30	1:25:01	1:30:36	1
8	5040	Luis Fernández Mo Madrid COLMENAF	1:35:50 8:06 8:06 11:45 1:52 13:16 4:15 5:25 3:14 19:37 8:27 2:50 6:50 5:18 4:33	19:51	21:43	34:59	39:14	44:39	47:53	1:07:30	1:15:57	1:18:47	1:25:37	1:30:55	1:35:28	1

Pos	dorsal	Nombre	Tiempo														
M-55 O-Pie (18)				5,9 km 270 m			13 C			<i>(cont.)</i>							
				1(42)	2(61)	3(60)	4(70)	5(66)	6(67)	7(69)	8(51)	9(31)	10(35)	11(36)	12(39)	13(100)	
9	5240	Sebastian Calderó Madrid MALARRUT	1:37:10 17:58	17:58	30:34	32:18	47:48	52:13	54:05	58:29	1:11:42	1:21:47	1:24:02	1:26:18	1:31:11	1:36:48	1
10	7931	Marco Hermosilla I Madrid MALARRUT	1:40:42 6:42	17:58	12:36	1:44	15:30	4:25	1:52	4:24	13:13	10:05	2:15	2:16	4:53	5:37	1
11	4841	Ángel Abarca Pasc Madrid GOCAN	1:43:43 6:42	6:42	10:55	1:46	30:03	4:24	1:26	2:30	17:26	11:10	2:52	2:05	2:36	6:13	1
12	4876	Alfonso González L Madrid GOCAN	1:50:47 10:11	10:11	12:34	2:30	16:06	5:46	1:41	6:12	15:45	16:36	2:58	2:29	4:46	5:44	1
13	1915	Luis Fernando Saz Zaragoza IBON ZAF	1:52:35 6:31	6:31	11:46	2:31	18:54	7:44	1:47	5:30	24:52	15:40	2:36	2:59	4:46	6:31	1
14	5057	Antonio Lopez Garc Madrid COLMENAF	1:54:48 13:13	13:13	25:56	27:48	45:21	52:09	54:09	58:10	1:19:44	1:32:09	1:34:53	1:41:08	1:47:00	1:54:08	1
15	2984	Francisco Muñoz Madrid GOCAN	2:10:18 6:06	6:06	17:56	21:00	38:39	44:53	46:24	49:23	1:05:46	1:20:44	1:22:53	1:41:58	1:46:38	2:09:40	2
	6521	Luis Casals Ovalle Madrid COLMENAF	bandona 9:24	9:24	25:55	29:33	----	----	----	----	----	----	----	----	----	----	1
	7488	José Luis Miñas G Segovia Segovia-C	No sale														
	5130	Emilio Larriba De l Madrid O-GETAFE	No sale														
F-60 O-Pie (5)				3,7 km 185 m			12 C										
				1(45)	2(67)	3(62)	4(42)	5(33)	6(39)	7(49)	8(51)	9(54)	10(53)	11(52)	12(100)	Meta	
1	5174	Elena Lopez Ordoñ Madrid ESCONDITE	1:23:04 16:26	16:26	22:11	27:53	31:06	32:36	34:53	44:25	58:15	1:03:04	1:08:45	1:13:40	1:22:42	1:23:04	
2	5168	Milagros Dengra Te Madrid ESCONDITE	1:34:25 8:52	8:52	15:51	23:28	27:07	29:01	36:19	49:12	57:22	1:05:22	1:17:56	1:24:41	1:33:39	1:34:25	
3	5300	Ana García Ruiz Madrid C.D.C.E.B.E	1:48:53 21:48	21:48	31:29	46:17	50:44	53:25	55:55	1:02:27	1:12:39	1:20:08	1:29:07	1:36:20	1:48:20	1:48:53	
	5298	Ángeles García Ma Madrid C.D.C.E.B.E	en tarj. 29:34	29:34	----	----	----	----	----	----	----	----	----	----	48:36	49:26	
	5123	Rosa María Del Api Madrid O-GETAFE	No sale												19:02	0:50	
M-60 O-Pie (15)				5,0 km 255 m			12 C										
				1(38)	2(37)	3(52)	4(54)	5(59)	6(60)	7(50)	8(69)	9(66)	10(65)	11(33)	12(100)	Meta	
1	5001	Julián Amores Fus Madrid SOTOBOSC	53:57 4:15	4:15	7:33	13:16	17:09	22:56	28:52	32:30	40:34	45:03	48:40	50:31	53:36	53:57	
			6:07	6:07	3:18	5:43	3:53	5:47	5:56	3:38	8:04	4:29	3:37	1:51	3:05	0:21	
			*36														
2	5271	Mikael Wirén Madrid MALARRUT	55:21 4:24	4:24	6:14	13:19	19:09	25:41	29:12	33:34	41:41	46:06	49:17	51:21	54:57	55:21	
3	5055	Jose Javier Lara d Madrid COLMENAF	1:03:27 4:49	4:49	6:37	14:22	21:22	29:19	33:12	37:24	47:58	52:57	56:43	58:58	1:03:02	1:03:27	
4	5153	José García Roble Madrid COLMENAF	1:06:47 5:51	5:51	7:33	16:15	24:41	32:14	36:17	40:22	51:04	56:56	1:00:37	1:03:14	1:06:26	1:06:47	
5	5288	Ricardo Morales Di Madrid O-GETAFE	1:06:58 6:26	6:26	8:21	18:01	23:32	31:06	35:26	39:55	48:48	56:03	1:00:01	1:02:43	1:06:34	1:06:58	
6	2907	Toni Peñarando Ga Madrid RUMBO MA	1:15:39 6:25	6:25	9:00	17:54	26:25	36:23	41:48	47:00	56:21	1:02:36	1:07:01	1:10:05	1:15:04	1:15:39	
7	5293	José Luis Báscone Madrid C.D.C.E.B.E	1:18:09 6:41	6:41	8:48	19:02	26:14	35:21	41:23	46:23	56:22	1:07:03	1:10:52	1:13:25	1:17:49	1:18:09	
8	5231	Luis Antonio Zorrill Madrid O-CHARLIE	1:18:13 19:04	19:04	24:41	31:27	36:23	45:53	49:34	53:45	1:01:36	1:06:47	1:11:38	1:14:19	1:17:51	1:18:13	
			6:16	6:16	21:28												
			*35														
9	4986	Desiderio Castañar Madrid RUMBO MA	1:22:29 5:16	5:16	12:11	23:32	36:20	47:46	52:27	57:05	1:05:44	1:11:19	1:15:41	1:18:30	1:22:03	1:22:29	
10	4959	Jose Vicente Alba Madrid MONTE_EL	1:24:03 7:18	7:18	9:17	20:55	29:05	40:22	44:48	50:35	1:03:44	1:11:21	1:17:19	1:19:54	1:23:43	1:24:03	
11	4977	Manuel Pérez Herr Madrid MONTE_EL	1:25:42 8:12	8:12	16:04	26:43	35:43	45:56	51:26	56:19	1:07:26	1:13:17	1:17:24	1:20:52	1:25:10	1:25:42	
12	6180	Adolfo Florido Alva Madrid IBERIA	1:52:10 9:04	9:04	11:40	25:27	39:01	1:12:38	1:17:24	1:22:01	1:31:17	1:38:42	1:43:47	1:47:06	1:51:43	1:52:10	
13	8112	Salvador Salinas F Madrid IMPERDIBL	2:09:02 22:04	22:04	25:22	42:41	1:09:39	1:23:49	1:28:13	1:33:38	1:48:12	1:54:49	1:59:01	2:03:15	2:08:18	2:09:02	
14	7880	Ignacio Muñoz de l Madrid IBERIA	2:23:02 19:49	19:49	35:44	58:44	1:06:18	1:17:20	1:23:52	1:29:58	1:57:43	2:07:03	2:13:20	2:16:58	2:22:29	2:23:02	
			6:10	6:10	15:55	23:00	7:34	11:02	6:32	6:06	27:45	9:20	6:17	3:38	5:31	0:33	
			*35														
15	7362	OSCAR LOPEZ AGI Madrid TIERRA TRA	2:31:05 1:10:15	1:10:15	1:13:01	1:23:42	1:30:41	1:45:40	1:50:44	1:56:36	2:08:28	2:17:02	2:23:09	2:26:15	2:30:29	2:31:05	
			1:10:15	1:10:15	2:46	10:41	6:59	14:59	5:04	5:52	11:52	8:34	6:07	3:06	4:14	0:36	

Pos	orsal	Nombre	Tiempo													
M-21B O-Pie (8)				6,3 km 260 m			14 C			<i>(cont.)</i>						
			1(51) Meta	2(49)	3(68)	4(67)	5(65)	6(63)	7(61)	8(56)	9(57)	10(58)	11(54)	12(36)	13(34)	1
3	7187	Mario Jimeno Mira Madrid IMPERDIBL	1:32:53 6:04 6:04 1:32:53	11:46 5:42	33:47 22:01	36:34 2:47	38:50 2:16	51:56 13:06	55:38 3:42	1:02:15 6:37	1:04:16 2:01	1:08:37 4:21	1:18:21 9:44	1:28:04 9:43	1:31:09 3:05	1
4	7284	Carlos Gonzalez L Madrid O-GETAFE	1:36:59 9:43 9:43 1:36:59	19:13 9:30	26:41 7:28	29:09 2:28	32:34 3:25	44:30 11:56	48:48 4:18	58:31 9:43	1:01:33 3:02	1:05:54 4:21	1:20:56 15:02	1:29:45 8:49	1:34:31 4:46	1
5	8060	José García de la I Madrid O-GETAFE	1:53:20 6:38 6:38 1:53:20	13:51 7:13	23:58 10:07	29:10 5:12	32:24 3:14	48:36 16:12	53:45 5:09	1:03:50 10:05	1:06:21 2:31	1:10:54 4:33	1:30:22 19:28	1:46:17 15:55	1:50:39 4:22	1
6	8191	Gonzalo Martínez C Segovia Segovia-C	2:21:30 6:42 6:42 2:21:30	49:31 42:49	1:05:36 16:05	1:08:52 3:16	1:12:10 3:18	1:28:12 16:02	1:34:16 6:04	1:42:21 8:05	1:44:48 2:27	1:49:55 5:07	2:01:39 11:44	2:12:01 10:22	2:19:08 7:07	2
4855		José Manuel Coba Madrid GOCAN	en tarj. 19:12 19:12	49:53 30:41	1:18:02 28:09	1:23:22 5:20	1:35:21 11:59	1:58:54 23:33	2:05:56 7:02	2:28:19 22:23	2:40:08 11:49	2:49:26 9:18	----	----	----	
7994		Rubén Hernández I Madrid GOCAN	No sale													
M-65 O-Pie (11)				3,7 km 185 m			12 C									
			1(45)	2(67)	3(62)	4(42)	5(33)	6(39)	7(49)	8(51)	9(54)	10(53)	11(52)	12(100)	Meta	
1	3713	José Samper Garc Alicante VILLENA-C	47:05 8:22 8:22	12:45 4:23	16:35 3:50	18:23 1:48	19:41 1:18	21:06 1:25	24:49 3:43	28:38 3:49	32:37 3:59	36:32 3:55	40:49 4:17	46:39 5:50	47:05 0:26	
2	6842	Joaquín Lozano Ra Segovia Segovia-C	47:47 8:36 8:36	14:43 6:07	18:32 3:49	20:26 1:54	21:42 1:16	23:02 1:20	26:52 3:50	30:31 3:39	34:38 4:07	38:26 3:48	42:39 4:13	47:20 4:41	47:47 0:27	
3	4973	Juan Manuel Núñez Madrid GOCAN	50:46 11:43 11:43	15:14 3:31	18:13 2:59	20:22 2:09	21:37 1:15	23:01 1:24	26:45 3:44	31:08 4:23	35:19 4:11	38:59 3:40	44:14 5:15	50:26 6:12	50:46 0:20	
4	2626	Antonio López Lara Segovia Segovia-C	1:01:17 8:42 8:42	14:01 5:19	19:42 5:41	22:33 2:51	24:15 1:42	26:37 2:22	31:25 4:48	37:03 5:38	41:54 4:51	47:08 5:14	52:59 5:51	1:00:37 7:38	1:01:17 0:40	
5	5140	Andrés Sánchez M Madrid O-GETAFE	1:02:56 9:34 9:34	14:23 4:49	21:27 7:04	24:16 2:49	25:54 1:38	28:50 2:56	33:52 5:02	40:07 6:15	44:47 4:40	49:43 4:56	55:33 5:50	1:02:22 6:49	1:02:56 0:34	
6	4839	Miguel Ángel Murú Madrid BOM	1:03:45 20:46 20:46	24:31 3:45	29:32 5:01	31:35 2:03	32:46 1:11	34:37 1:51	39:02 4:25	44:34 5:32	48:56 4:22	53:00 4:04	57:09 4:09	1:03:24 6:15	1:03:45 0:21	
7	3844	Jesús García Paju Madrid RUMBO MA	1:06:08 12:27 12:27	18:54 6:27	24:44 5:50	27:43 2:59	29:06 1:23	31:57 2:51	37:44 5:47	42:37 4:53	47:46 5:09	52:42 4:56	59:21 6:39	1:05:43 6:22	1:06:08 0:25	
8	4981	Moisés Zafra Zafra Madrid MONTE_EL	1:18:51 9:29 9:29	21:41 12:12	28:21 6:40	31:28 3:07	33:04 1:36	36:49 3:45	46:55 10:06	52:41 5:46	58:02 5:21	1:04:37 6:35	1:10:18 5:41	1:18:25 8:07	1:18:51 0:26	
9	4873	Juan Antonio Góme Madrid GOCAN	1:21:07 10:17 10:17	14:59 4:42	29:59 15:00	32:48 2:49	34:28 1:40	36:22 1:54	42:56 6:34	55:25 12:29	1:00:05 4:40	1:05:39 5:34	1:11:20 5:41	1:20:35 9:15	1:21:07 0:32	
10	5220	Francisco Martínez Madrid O-CHARLIE	1:49:40 30:52 30:52	38:12 7:20	46:39 8:27	48:57 2:18	50:59 2:02	54:18 3:19	1:01:16 6:58	1:09:50 8:34	1:16:16 6:26	1:34:35 18:19	1:40:36 6:01	1:49:13 8:37	1:49:40 0:27	
11	6178	Lorenzo González I Madrid IBERIA	2:01:48 16:24 16:24	30:05 13:41	43:13 13:08	47:16 4:03	49:09 1:53	53:34 4:25	1:14:31 20:57	1:25:15 10:44	1:33:18 8:03	1:41:12 7:54	1:48:43 7:31	2:01:16 12:33	2:01:48 0:32	