

Pos	Nombre	Tiempo														
<b>F-21B (3)</b>		<b>6,0 km 210 m</b>			<b>15 C</b>											
		1(55) 15(100)	2(33) Meta	3(34)	4(35)	5(36)	6(67)	7(65)	8(54)	9(56)	10(58)	11(44)	12(45)	13(57)	14(59)	
1	Lucrecia Ortiz De La Torre Madrid COLMENAR	1:50:33	5:35 5:35	14:54 9:19	21:59 7:05	28:08 6:09	33:20 5:12	45:35 12:15	53:04 7:29	1:13:39 20:35	1:26:04 12:25	1:33:37 7:33	1:37:40 4:03	1:39:51 2:11	1:47:34 7:43	1:49:43 2:09
2	Alejandra De Hoz Martos Madrid O-CHARLIES LEGA	2:31:02	9:44 9:44	13:13 3:29	20:30 7:17	28:35 8:05	31:08 2:33	38:50 7:42	56:41 17:51	1:31:24 34:43	1:57:07 25:43	2:08:59 11:52	2:15:16 6:17	2:17:43 2:27	2:28:12 10:29	2:29:51 1:39
3	Lidia Arminda Palacios To Madrid O-GETAFE	2:40:38	6:51 6:51	12:46 5:55	22:50 10:04	29:30 6:40	33:36 4:06	48:37 15:01	1:03:38 15:01	1:40:20 36:42	1:56:01 15:41	2:11:47 15:46	2:17:36 5:49	2:22:06 4:30	2:33:39 11:33	2:39:01 5:22
			1:50:18 0:35	1:50:33 0:15												
			2:30:47 0:56	2:31:02 0:15												
			2:40:25 1:24	2:40:38 0:13												
<b>U-10 O-Pie (12)</b>		<b>2,3 km 50 m</b>			<b>8 C</b>											
		1(60)	2(48)	3(49)	4(50)	5(51)	6(52)	7(53)	8(100)	Meta						
1	Ellis Roberts Melendez Madrid COLMENAR	19:06	1:35 1:35	3:38 2:03	6:32 2:54	10:56 4:24	13:31 2:35	16:28 2:57	17:58 1:30	18:53 0:55	19:06 0:13					
2	Cayetana Regaño García Madrid TIERRA TRAGAME	21:07	1:39 1:39	4:04 2:25	7:04 3:00	13:04 6:00	16:16 3:12	18:48 2:32	20:00 1:12	20:52 0:52	21:07 0:15					
3	Julia Beltran Monzon Madrid COLMENAR	22:08	1:53 1:53	4:27 2:34	7:11 2:44	12:35 5:24	15:22 2:47	19:12 3:50	20:55 1:43	21:53 0:58	22:08 0:15					
4	Ariane Campos Domingo Madrid O-CHARLIES LEGA	31:29	3:29 3:29	9:30 6:01	13:15 3:45	19:38 6:23	23:17 3:39	27:08 3:51	29:19 2:11	31:08 1:49	31:29 0:21					
5	Inés Domínguez Hernández Madrid O-CHARLIES LEGA	31:37	3:37 3:37	10:05 6:28	13:32 3:27	19:46 6:14	23:39 3:53	27:31 3:52	29:41 2:10	31:17 1:36	31:37 0:20					
6	Bruno Frecentese Alonso Madrid MALARRUTA	36:36	3:12 3:12	8:17 5:05	13:40 5:23	21:37 7:57	27:52 6:15	32:24 4:32	34:23 1:59	36:22 1:59	36:36 0:14					
7	Noelia Miguel García Madrid COLMENAR	37:55	3:58 3:58	6:46 2:48	12:50 6:04	22:31 9:41	27:05 4:34	31:42 4:37	35:36 3:54	37:39 2:03	37:55 0:16					
8	Jimena Palomo Pérez Madrid O-CHARLIES LEGA	38:54	3:08 3:08	8:43 5:35	13:19 4:36	22:08 8:49	27:15 5:07	32:19 5:04	36:23 4:04	38:34 2:11	38:54 0:20					
9	Alvaro Miguel García Madrid COLMENAR	40:51	3:20 3:20	8:13 4:53	13:35 5:22	22:46 9:11	28:04 5:18	35:04 7:00	38:39 3:35	40:35 1:56	40:51 0:16					
10	Celia Martínez García Madrid COLMENAR	41:29	3:00 3:00	12:27 9:27	17:19 4:52	28:29 11:10	32:29 4:00	37:27 4:58	39:57 2:30	41:16 1:19	41:29 0:13					
11	Cayetana Clemente García Madrid RUMBO MADRID	46:10	8:50 8:50	11:51 3:01	17:14 5:23	34:58 17:44	38:33 3:35	42:32 3:59	44:36 2:04	45:54 1:18	46:10 0:16					
	Daniel Sánchez Oñate Madrid COLMENAR	Error en tarj.	8:08 8:08	9:54 1:46	13:22 3:28	-----	-----	-----	29:40 16:18	31:44 2:04	31:59 0:15					
<b>U-12 O-Pie (8)</b>		<b>2,9 km 70 m</b>			<b>11 C</b>											
		1(60)	2(48)	3(49)	4(50)	5(51)	6(45)	7(53)	8(52)	9(46)	10(59)	11(100)	Meta			
1	Rubén Marzal Portillo Madrid O-CHARLIES LEGA	40:45	1:24 1:24	3:31 2:07	6:25 2:54	10:41 4:16	14:15 3:34	32:23 18:08	34:01 1:38	35:24 1:23	37:21 1:57	39:45 2:24	40:34 0:49	40:45 0:11		
2	Iris Campos Domingo Madrid O-CHARLIES LEGA	42:36	1:51 1:51	7:38 5:47	10:11 2:33	18:00 7:49	21:32 3:32	32:43 11:11	34:16 1:33	36:39 2:23	38:46 2:07	41:40 2:54	42:15 0:35	42:36 0:21	42:17 *100	
3	Marcos Beltrán Monzón Madrid COLMENAR	50:56	1:15 1:15	2:52 1:37	5:17 2:25	9:11 3:54	11:52 2:41	20:32 8:40	22:22 1:50	23:57 1:35	30:17 6:20	49:50 19:33	50:45 0:55	50:56 0:11		
4	Pablo Sánchez Oñate Madrid COLMENAR	55:37	4:51 4:51	7:30 2:39	10:20 2:50	21:19 10:59	24:21 3:02	37:12 12:51	39:12 2:00	41:10 1:58	50:40 9:30	54:44 4:04	55:25 0:41	55:37 0:12		
5	Andrea Marfil Rivero Madrid GOCAN	1:02:17	3:35 3:35	13:40 10:05	16:54 3:14	23:11 6:17	30:41 7:30	48:53 18:12	51:49 2:56	54:05 2:16	58:35 4:30	1:01:21 2:46	1:02:03 0:42	1:02:17 0:14		
6	Alicia Villalobos Sanfabió Madrid COLMENAR	2:11:52	3:45 3:45	12:13 8:28	18:19 6:06	35:50 17:31	43:56 8:06	1:02:47 18:51	1:19:53 17:06	1:23:15 3:22	2:04:32 41:17	2:10:57 6:25	2:11:35 0:38	2:11:52 0:17		
	Luis Martínez García Madrid COLMENAR	Error en tarj.	2:13 2:13	8:13 6:00	11:40 3:27	28:23 16:43	31:17 2:54	48:22 17:05	50:22 2:00	52:11 1:49	1:00:09 7:58	-----	1:13:33 13:24	1:13:51 0:18		
	Anka Durán García Madrid MALARRUTA	Error en tarj.	5:22 5:22	9:50 4:28	22:19 12:29	30:41 8:22	35:09 4:28	50:30 15:21	53:21 2:51	56:56 3:35	1:02:19 5:23	-----	1:18:49 16:30	1:19:22 0:33		
<b>F-14 O-Pie (4)</b>		<b>3,6 km 100 m</b>			<b>10 C</b>											
		1(61)	2(62)	3(34)	4(37)	5(68)	6(63)	7(60)	8(45)	9(53)	10(100)	Meta				
1	Martina Hortal Mediavilla Madrid ALABARDA-O	51:34	2:52 2:52	11:48 8:56	17:35 5:47	24:00 6:25	28:13 4:13	40:43 12:30	46:12 5:29	48:21 2:09	50:30 2:09	51:22 0:52	51:34 0:12			
2	Concha Yovkov Coronado Toledo TOLEDO-O	53:01	2:30 2:30	13:39 11:09	16:58 3:19	22:50 5:52	27:16 4:26	43:12 15:56	48:05 4:53	50:03 1:58	51:54 1:51	52:47 0:53	53:01 0:14			
3	Yael Agejas Fernández Madrid COLMENAR	1:31:27	4:05 4:05	12:23 8:18	14:06 1:43	44:01 29:55	48:20 4:19	1:18:56 30:36	1:23:42 4:46	1:26:08 2:26	1:30:02 3:54	1:31:13 1:11	1:31:27 0:14			
4	Fabiola Lanzas López Madrid ALABARDA-O	2:03:06	6:30 6:30	44:58 38:28	49:08 4:10	1:10:53 21:45	1:20:25 9:32	1:43:48 23:23	1:51:35 7:47	1:56:57 5:22	2:00:35 3:38	2:02:49 2:14	2:03:06 0:17			
<b>M-14 O-Pie (7)</b>		<b>4,1 km 130 m</b>			<b>11 C</b>											
		1(61)	2(36)	3(34)	4(37)	5(68)	6(63)	7(60)	8(48)	9(45)	10(53)	11(100)	Meta			
1	Álex Frecentese Alonso Madrid MALARRUTA	48:33	2:45 2:45	9:39 6:54	14:39 5:00	20:07 5:28	23:37 3:30	35:46 12:09	41:07 5:21	43:02 1:55	46:00 2:58	47:27 1:27	48:22 0:55	48:33 0:11		
2	Martín Izquierdo Franco Madrid IMPERDIBLE	54:26	2:32 2:32	7:38 5:06	15:18 7:40	21:39 6:21	25:58 4:19	40:40 14:42	44:57 4:17	49:13 4:16	51:29 2:16	53:23 1:54	54:13 0:50	54:26 0:13		
3	César Palomo Pérez Madrid O-CHARLIES LEGA	1:00:56	2:37 2:37	11:19 8:42	18:22 7:03	27:34 9:12	30:19 2:45	45:17 14:58	49:32 4:15	51:14 1:42	56:47 5:33	58:23 1:36	1:00:42 2:19	1:00:56 0:14		
4	Lucas Domínguez Hernández Madrid O-CHARLIES LEGA	2:01:57	4:23 4:23	33:29 29:06	43:02 9:33	51:16 8:14	1:31:13 39:57	1:44:53 13:40	1:50:33 5:40	1:54:40 4:07	1:57:36 2:56	2:00:03 2:27	2:01:44 1:41	2:01:57 0:13		
	Diego Silveira Puertas Madrid ALABARDA-O	Error en tarj.	2:05 2:05	27:46 25:41	32:13 4:27	39:13 7:00	46:18 7:05	57:42 11:24	1:01:32 3:50	-----	1:03:12 1:40	1:04:50 1:38	1:05:38 0:48	1:05:49 0:11		
	Víctor Muñoz Martín-Serra Toledo TOLEDO-O	Error en tarj.	17:00 17:00	32:22 15:22	47:27 15:05	1:00:59 13:32	1:06:20 5:21	-----	1:30:43 24:23	1:33:00 2:17	1:35:48 2:48	1:37:54 2:06	1:41:38 3:44	1:41:53 0:15		

Pos	Nombre	Tiempo														
<b>M-14 O-Pie (7)</b>			<b>4,1 km 130 m</b>			<b>11 C (cont.)</b>										
			1(61)	2(36)	3(34)	4(37)	5(68)	6(63)	7(60)	8(48)	9(45)	10(53)	11(100)	Meta		
	<b>Pablo Hortal Mediavilla</b>	<b>Error en tarj.</b>	13:40	-----	26:28	34:32	48:50	-----	1:40:27	-----	1:43:22	1:46:13	1:48:02	1:48:40	<b>24:40</b>	
	<b>Madrid ALABARDA-O</b>		13:40		12:48	8:04	14:18		51:37		2:55	2:51	1:49	0:38	<b>*62</b>	
<b>F-16 O-Pie (3)</b>			<b>4,1 km 130 m</b>			<b>11 C</b>										
			1(61)	2(36)	3(34)	4(37)	5(68)	6(63)	7(60)	8(48)	9(45)	10(53)	11(100)	Meta		
<b>1</b>	<b>Elisa González Viñas</b>	<b>1:37:50</b>	2:59	<b>30:04</b>	<b>38:55</b>	55:20	<b>57:55</b>	<b>1:24:32</b>	<b>1:28:29</b>	<b>1:30:37</b>	<b>1:32:51</b>	<b>1:35:48</b>	<b>1:37:33</b>	<b>1:37:50</b>		
	<b>Madrid COLMENAR</b>		2:59	<b>27:05</b>	<b>8:51</b>	16:25	<b>2:35</b>	26:37	<b>3:57</b>	<b>2:08</b>	<b>2:14</b>	2:57	1:45	0:17		
<b>2</b>	<b>Naya Campos Domingo</b>	<b>1:59:57</b>	<b>2:30</b>	31:21	41:01	<b>49:10</b>	1:29:07	1:42:44	1:48:30	1:52:49	1:55:47	1:58:07	1:59:45	1:59:57		
	<b>Madrid O-CHARLIES LEGA</b>		<b>2:30</b>	28:51	9:40	8:09	39:57	<b>13:37</b>	5:46	4:19	2:58	<b>2:20</b>	<b>1:38</b>	<b>0:12</b>		
<b>3</b>	<b>Mar Domínguez Hernández</b>	<b>2:01:09</b>	3:29	32:28	42:02	50:09	1:30:12	1:43:49	1:49:38	1:53:54	1:56:49	1:59:12	2:00:53	2:01:09		
	<b>Madrid O-CHARLIES LEGA</b>		3:29	28:59	9:34	<b>8:07</b>	40:03	<b>13:37</b>	5:49	4:16	2:55	2:23	1:41	0:16		
<b>M-16 O-Pie (7)</b>			<b>6,0 km 210 m</b>			<b>15 C</b>										
			1(55)	2(33)	3(34)	4(35)	5(36)	6(67)	7(65)	8(54)	9(56)	10(58)	11(44)	12(45)	13(57)	14(59)
			15(100)	Meta												
<b>1</b>	<b>Bruno Muñiz Valencia</b>	<b>1:05:24</b>	7:14	9:01	11:53	15:05	16:41	<b>22:15</b>	<b>27:03</b>	<b>32:59</b>	<b>52:23</b>	<b>56:25</b>	<b>58:56</b>	<b>1:00:36</b>	<b>1:03:53</b>	<b>1:04:45</b>
	<b>Madrid IMPERDIBLE</b>		7:14	<b>1:47</b>	<b>2:52</b>	<b>3:12</b>	1:36	<b>5:34</b>	<b>4:48</b>	<b>5:56</b>	19:24	<b>4:02</b>	<b>2:31</b>	<b>1:40</b>	<b>3:17</b>	<b>0:52</b>
			<b>1:05:13</b>	<b>1:05:24</b>												
<b>2</b>	<b>Angel Javier Palomo Pérez</b>	<b>1:19:23</b>	0:28	0:11	14:46	18:13	20:27	26:42	36:25	48:11	59:21	1:04:02	1:08:52	1:11:55	1:17:41	1:18:45
	<b>Madrid O-CHARLIES LEGA</b>		<b>4:41</b>	3:18	6:47	3:27	2:14	6:15	9:43	11:46	11:10	4:41	4:50	3:03	5:46	1:04
			1:19:11	1:19:23												
<b>3</b>	<b>Ian Fernández Ballesteros</b>	<b>1:21:22</b>	<b>0:26</b>	0:12	4:44	<b>6:41</b>	<b>11:06</b>	<b>14:18</b>	<b>15:48</b>	29:51	35:11	53:43	1:02:23	1:06:56	1:13:11	1:15:10
	<b>Madrid COLMENAR</b>		4:44	1:57	4:25	<b>3:12</b>	1:30	14:03	5:20	18:32	<b>8:40</b>	4:33	6:15	1:59	4:24	1:06
			1:21:12	1:21:22												
			0:32	<b>0:10</b>												
	<b>Alejandro Pérez De Luelmo</b>	<b>Abandona</b>	4:48	7:03	11:08	15:04	16:23	22:27	29:16	-----	-----	-----	-----	-----	-----	-----
	<b>Madrid MONTE_EL_PARDI</b>		4:48	2:15	4:05	3:56	<b>1:19</b>	6:04	6:49							
			-----	1:02:04												
				32:48												
	<b>Pablo Pérez De Luelmo</b>	<b>Abandona</b>	7:58	10:22	13:31	23:50	25:14	31:57	48:07	-----	-----	-----	-----	1:14:23	-----	-----
	<b>Madrid MONTE_EL_PARDI</b>		7:58	2:24	3:09	10:19	1:24	6:43	16:10							
			-----	1:17:10												
				2:47												
	<b>Hugo Medrano Martín</b>	<b>Abandona</b>	12:40	14:50	19:28	26:23	28:44	35:15	1:07:24	-----	-----	-----	-----	1:20:31	-----	-----
	<b>Ávila Ultra Maximus</b>		12:40	2:10	4:38	6:55	2:21	6:31	32:09							
			1:23:14	1:23:27												
			2:43	0:13												
	<b>Lucas Duran Bonilla</b>	<b>No sale</b>														
	<b>Madrid O-CHARLIES LEGA</b>															
<b>M-18 O-Pie (4)</b>			<b>6,6 km 250 m</b>			<b>15 C</b>										
			1(54)	2(33)	3(34)	4(35)	5(36)	6(37)	7(32)	8(38)	9(56)	10(58)	11(44)	12(45)	13(46)	14(47)
			15(100)	Meta												
<b>1</b>	<b>Bruno Fuente Feijoo</b>	<b>1:07:51</b>	<b>4:04</b>	<b>6:45</b>	<b>9:14</b>	<b>11:41</b>	<b>12:41</b>	<b>19:47</b>	<b>39:11</b>	<b>48:17</b>	<b>52:22</b>	<b>55:38</b>	<b>58:25</b>	<b>1:00:04</b>	<b>1:04:38</b>	<b>1:06:08</b>
	<b>Madrid IMPERDIBLE</b>		<b>4:04</b>	<b>2:41</b>	<b>2:29</b>	<b>2:27</b>	<b>1:00</b>	7:06	19:24	<b>9:06</b>	<b>4:05</b>	<b>3:16</b>	<b>2:47</b>	<b>1:39</b>	4:34	<b>1:30</b>
			<b>1:07:41</b>	<b>1:07:51</b>												
			<b>1:33</b>	<b>0:10</b>												
				<b>*53</b>												
<b>2</b>	<b>Javier Hortal Mediavilla</b>	<b>1:24:33</b>	23:12	26:33	29:30	32:19	34:06	42:45	48:29	57:56	1:03:48	1:07:58	1:11:05	1:13:18	1:17:16	1:22:32
	<b>Madrid ALABARDA-O</b>		23:12	3:21	2:57	2:49	1:47	8:39	5:44	9:27	5:52	4:10	3:07	2:13	3:58	5:16
			1:24:23	1:24:33												
			1:51	0:10												
				<b>*68</b>												
<b>3</b>	<b>Hugo Muñoz Martín-Serrar</b>	<b>1:35:12</b>	14:34	21:09	28:44	32:06	33:31	40:19	44:52	59:07	1:10:25	1:15:50	1:20:24	1:22:12	1:25:50	1:31:54
	<b>Toledo TOLEDO-O</b>		14:34	6:35	7:35	3:22	1:25	<b>6:48</b>	<b>4:33</b>	14:15	11:18	5:25	4:34	1:48	<b>3:38</b>	6:04
			1:35:00	1:35:12												
			3:06	0:12												
				<b>*64</b>												
	<b>Roberto Cejudo Martín</b>	<b>Error en tarj.</b>	17:25	20:39	23:30	26:31	28:15	37:11	52:19	-----	-----	-----	1:13:00	1:15:14	1:20:01	-----
	<b>Madrid GOCAN</b>		17:25	3:14	2:51	3:01	1:44	8:56	15:08							
			1:25:56	1:26:13												
			5:55	0:17												
<b>F-21A O-Pie (4)</b>			<b>7,0 km 280 m</b>			<b>15 C</b>										
			1(64)	2(65)	3(33)	4(62)	5(37)	6(31)	7(38)	8(56)	9(42)	10(43)	11(44)	12(45)	13(46)	14(47)
			15(100)	Meta												
<b>1</b>	<b>Sara Monseco López</b>	<b>1:28:17</b>	<b>10:43</b>	<b>14:27</b>	<b>22:21</b>	<b>24:47</b>	<b>30:29</b>	<b>36:55</b>	<b>47:28</b>	<b>53:12</b>	<b>1:02:18</b>	<b>1:04:20</b>	<b>1:12:30</b>	<b>1:14:36</b>	<b>1:20:22</b>	<b>1:26:09</b>
	<b>Madrid O-CHARLIES LEGA</b>		<b>10:43</b>	3:44	7:54	<b>2:26</b>	5:42	<b>6:26</b>	<b>10:33</b>	<b>5:44</b>	<b>9:06</b>	<b>2:02</b>	<b>8:10</b>	<b>2:06</b>	5:46	5:47
			<b>1:28:05</b>	<b>1:28:17</b>												
			<b>1:56</b>	<b>0:12</b>												
<b>2</b>	<b>Cristina Lastras Jiménez</b>	<b>1:43:52</b>	11:33	19:07	28:39	31:24	37:20	44:53	59:36	1:07:10	1:16:21	1:18:48	1:30:57	1:33:32	1:38:36	1:41:17
	<b>Madrid GOCAN</b>		11:33	7:34	9:32	2:45	5:56	7:33	14:43	7:34	9:11	2:27	12:09	2:35	<b>5:04</b>	<b>2:41</b>
			1:43:38	1:43:52												
			2:21	0:14												
<b>3</b>	<b>Celia Pereira Rodríguez</b>	<b>2:36:46</b>	38:38	41:39	48:56	52:03	57:19	1:09:02	1:36:23	1:46:26	1:57:28	2:00:22	2:13:21	2:15:54	2:22:53	2:34:02
	<b>Asturias CASTROPOL_DE</b>		38:38	<b>3:01</b>	<b>7:17</b>	3:07	<b>5:16</b>	11:43	27:21	10:03	11:02	2:54	12:59	2:33	6:59	11:09
			2:36:29	2:36:46												
			2:27	0:17												
	<b>Lucía De La Iglesia Álvarez</b>	<b>Abandona</b>	17:08	31:33	39:50	43:00	50:53	1:08:12	1:19:46	-----	-----	-----	-----	-----	-----	-----
	<b>Madrid O-GETAFE</b>		17:08	14:25	8:17	3:10	7:53	17:19	11:34							
			-----													





Pos	Nombre	Tiempo																
<b>M-35 O-Pie (19)</b>		<b>7,5 km 320 m</b>			<b>16 C (cont.)</b>													
		1(65) 15(59)	2(68) 16(100)	3(62) Meta	4(34)	5(35)	6(36)	7(67)	8(38)	9(56)	10(42)	11(43)	12(44)	13(45)	14(57)			
<b>9</b>	<b>Jaime Perez Lopez</b> Madrid MALARRUTA	<b>1:21:48</b>	10:56 10:56 1:21:02	12:25 1:29 1:21:33	16:10 3:45 1:21:48	17:16 1:06	20:04 2:48	21:19 1:15	27:11 5:52	39:01 11:50	44:10 5:09	1:00:31 16:21	1:02:15 1:44	1:10:20 8:05	1:12:18 1:58	1:19:48 7:30		
<b>10</b>	<b>Alberto Cámara Prieto</b> Madrid COLMENAR	<b>1:26:29</b>	1:14 18:04 18:04 1:25:34	0:31 19:20 1:16 1:26:12	0:15 23:07 3:47 1:26:29	0:17	24:18 1:11	28:21 4:03	30:15 1:54	35:20 5:05	46:24 11:04	51:59 5:35	1:06:02 14:03	1:07:54 1:52	1:18:10 10:16	1:20:43 2:33	1:24:14 3:31	
<b>11</b>	<b>Daniel Gil García</b> Madrid GOCAN	<b>1:26:41</b>	1:20 13:15 13:15 1:25:55	0:38 21:15 8:00 1:26:29	0:17 25:55 4:40 1:26:41	0:12	27:41 1:46	31:42 4:01	33:31 1:49	40:03 6:32	54:42 14:39	1:00:41 5:59	1:09:45 9:04	1:11:27 1:42	1:19:31 8:04	1:21:25 1:54	1:24:47 3:22	
<b>12</b>	<b>Diego Lopez Martin</b> Madrid COLMENAR	<b>1:28:30</b>	1:08 27:15 27:15 1:27:38	0:34 28:17 1:02 1:28:15	0:12 31:26 <b>3:09</b> 1:28:30	0:15	32:39 1:13	36:19 3:40	37:42 1:23	42:31 4:49	52:19 9:48	1:00:00 7:41	1:11:44 11:44	1:14:28 2:44	1:21:05 6:37	1:23:13 2:08	1:26:22 3:09	
<b>13</b>	<b>Mateo Vijande González</b> Madrid MALARRUTA	<b>1:30:21</b>	1:16 21:13 21:13 1:29:44	0:37 22:08 <b>0:55</b> 1:30:11	0:15 26:23 4:15 1:30:21	0:10	27:58 1:35	31:27 3:29	34:47 3:20	41:12 6:25	56:07 14:55	1:02:55 6:48	1:15:28 12:33	1:16:58 1:30	1:23:01 6:03	1:25:14 2:13	1:28:15 3:01	
<b>14</b>	<b>Javier Mendoza Cembranc</b> Madrid ALABARDA-O	<b>1:31:33</b>	1:29 19:25 19:25 1:30:38	0:27 21:33 2:08 1:31:19	0:14 26:42 5:09 1:31:33	0:10	27:54 1:12	33:26 5:32	36:11 2:45	41:45 5:34	54:00 12:15	1:00:09 6:09	1:07:55 7:46	1:10:17 2:22	1:21:05 10:48	1:23:11 2:06	1:29:04 5:53	
<b>15</b>	<b>Paco Jaén Guisado</b> Cuenca COMCU	<b>1:41:24</b>	1:32 21:15 21:15 1:39:54	1:02 23:05 1:50 1:40:56	0:28 26:50 3:45 1:41:24	0:12	28:15 1:25	32:39 4:24	34:45 2:06	41:56 7:11	57:24 15:28	1:05:10 7:46	1:17:48 12:38	1:20:05 2:17	1:30:13 10:08	1:34:00 3:47	1:38:22 4:22	
<b>16</b>	<b>Raúl Ferrero Carmona</b> Madrid GOCAN	<b>1:47:28</b>	1:34 12:38 12:38 1:46:33	0:45 14:01 1:23 1:47:18	0:10 18:13 4:12 1:47:28	0:10	37:39 1:29	42:28 5:14	44:00 1:50	51:59 5:59	1:06:40 13:56	1:16:13 9:56	1:27:42 11:09	1:30:09 2:39	1:38:02 9:45	1:40:30 2:47	1:44:59 3:22	
<b>17</b>	<b>Gregorio Moreno López</b> Madrid GOCAN	<b>2:09:13</b>	1:44 51:35 51:35 2:08:23	0:38 53:00 1:25 2:09:01	0:12 58:33 5:33 2:09:13	0:12	1:00:02 1:29	1:05:16 5:14	1:07:06 1:50	1:13:05 5:59	1:27:01 13:56	1:36:57 9:56	1:48:06 11:09	1:50:45 2:39	2:00:30 9:45	2:03:17 2:47	2:06:39 3:22	
	<b>Abraham Muñiz Gracia</b> Madrid IMPERDIBLE	<b>Abandona</b>	1:10 15:13 15:13 50:25	1:09 17:05 1:52 51:34	0:34 22:44 5:39 52:08	0:34	25:46 3:02	31:16 5:30	33:46 2:30	----	----	----	----	----	----	----	49:15 15:29	
	<b>Fernando Gómez Estrada</b> Madrid COLMENAR	<b>No sale</b>																
<b>F-40 O-Pie (6)</b>		<b>6,6 km 250 m</b>			<b>15 C</b>													
		1(54) 15(100)	2(33) Meta	3(34)	4(35)	5(36)	6(37)	7(32)	8(38)	9(56)	10(58)	11(44)	12(45)	13(46)	14(47)			
<b>1</b>	<b>Susana Arroyo Schnell</b> Madrid SOTOBOSQUE	<b>1:39:49</b>	<b>10:41</b> <b>10:41</b> <b>1:39:32</b>	<b>21:41</b> 11:00 <b>1:39:49</b>	<b>26:06</b> 4:25 <b>15:01</b> <b>*55</b>	<b>30:09</b> 2:14	<b>32:23</b> 18:41	<b>51:04</b> <b>4:02</b>	<b>55:06</b> <b>11:55</b>	<b>1:07:01</b> <b>6:27</b>	<b>1:13:28</b> 6:16	<b>1:19:44</b> 4:43	<b>1:24:27</b> 2:35	<b>1:27:02</b> 7:04	<b>1:34:06</b> 7:04	<b>1:36:58</b> 2:52		
<b>2</b>	<b>Miriam Santamaría Villega</b> Madrid COLMENAR	<b>1:48:55</b>	2:34 28:45 28:45 1:48:44	0:17 33:09 <b>4:24</b> 1:48:55	0:11 36:51 <b>3:42</b> 0:11	0:10	42:40 5:41	47:34 <b>1:47</b>	49:31 12:40	58:53 9:22	1:04:06 5:13	1:21:22 17:16	1:31:27 10:05	1:36:53 <b>5:26</b>	1:46:10 9:17	1:48:34 2:24	1:53:23 <b>4:49</b>	1:56:07 <b>2:44</b>
<b>3</b>	<b>Diana Hernández Tabares</b> Madrid COLMENAR	<b>1:59:54</b>	3:30 19:15 19:15 1:59:37	0:17 24:11 4:56 1:59:54	0:17 42:40 18:29 1:59:54	0:17	47:34 4:54	49:31 1:57	58:53 <b>9:22</b>	1:04:06 5:13	1:21:22 17:16	1:31:27 10:05	1:36:53 <b>5:26</b>	1:46:10 9:17	1:48:34 2:24	1:53:23 <b>4:49</b>	1:56:07 <b>2:44</b>	
<b>4</b>	<b>María Martín Quesada</b> Madrid COLMENAR	<b>2:24:07</b>	4:34 13:55 13:55 2:23:54	0:13 30:57 17:02 2:24:07	0:13 36:29 5:32 2:24:07	0:13	41:21 4:52	44:20 2:59	57:33 13:13	1:07:55 10:22	1:27:31 19:36	1:50:39 23:08	2:02:20 11:41	2:06:45 4:25	2:09:11 2:26	2:16:04 6:53	2:19:20 3:16	
	<b>María Del Mar Delgado Tél</b> Madrid C.D.C.E.B.E.	<b>Error en tarj.</b>	3:19 27:37 27:37 2:14:38	0:19 48:28 20:51 2:14:57	0:19 59:44 11:16 2:14:57	0:19	1:05:34 5:50	1:08:42 3:08	1:24:19 15:37	1:38:04 13:45	2:00:18 22:14	----	----	----	2:11:19 11:01	----	----	
	<b>Ana Maria Maestro Ardanaz</b> Madrid TIERRA TRAGAME	<b>Abandona</b>	3:20 32:50 32:50 -----	0:19 41:34 8:44 -----	0:19 52:32 10:58 -----	0:19	1:01:34 9:02	1:05:44 4:10	1:32:10 26:26	-----	2:11:34 39:24	-----	-----	-----	-----	-----	-----	
<b>M-40 O-Pie (13)</b>		<b>7,5 km 320 m</b>			<b>16 C</b>													
		1(65) 15(59)	2(68) 16(100)	3(62) Meta	4(34)	5(35)	6(36)	7(67)	8(38)	9(56)	10(42)	11(43)	12(44)	13(45)	14(57)			
<b>1</b>	<b>Jorge Juan Fernández Zor</b> Madrid GOCAN	<b>1:02:06</b>	9:14 9:14 <b>1:01:20</b>	10:52 1:38 <b>1:01:53</b>	15:22 4:30 <b>1:02:06</b>	17:03 1:41	19:58 2:55	21:21 1:23	<b>26:28</b> 5:07	<b>36:15</b> <b>9:47</b>	<b>40:32</b> 4:17	<b>46:52</b> <b>6:20</b>	<b>48:25</b> 1:33	<b>53:56</b> <b>5:31</b>	<b>57:24</b> 3:28	<b>1:00:11</b> <b>2:47</b>		
<b>2</b>	<b>Jesús Pablos Ramírez</b> Madrid O-GETAFE	<b>1:12:55</b>	1:09 15:18 15:18 1:12:19	0:33 16:10 <b>0:52</b> 1:12:45	0:13 19:11 <b>3:01</b> 1:12:55	0:13	20:50 1:39	23:18 <b>2:28</b>	24:34 <b>1:16</b>	36:27 11:53	46:48 10:21	50:43 <b>3:55</b>	57:57 7:14	59:18 <b>1:21</b>	1:05:36 6:18	1:07:32 <b>1:56</b>	1:11:27 3:55	



Pos	Nombre	Tiempo														
M-45 O-Pie (25)		7,0 km 280 m			15 C											
		1(64)	2(65)	3(33)	4(62)	5(37)	6(31)	7(38)	8(56)	9(42)	10(43)	11(44)	12(45)	13(46)	14(47)	
		15(100)	Meta													
1	Ben Roberts Madrid COLMENAR	1:00:15	7:19	9:48	13:51	15:36	18:06	21:49	29:30	34:27	41:36	43:08	49:32	51:26	55:17	58:10
		1:00:01	1:00:15													
		1:51	0:14													
2	Juan Pedro Caraça-Valent Madrid IMPERDIBLE	1:13:02	9:15	12:24	17:41	19:52	26:31	30:58	40:02	45:15	53:12	55:11	1:01:41	1:03:58	1:08:20	1:10:22
		9:15	3:09	5:17	2:11	6:39	4:27	9:04	5:13	7:57	1:59	6:30	2:17	1:08:20	2:02	
		1:12:46	1:13:02													
		2:24	0:16													
3	Todor Yovkov Nikolov Madrid LOS_ANGELES	1:16:34	10:32	13:23	19:06	21:14	25:35	32:27	41:16	47:30	57:22	59:19	1:06:24	1:08:27	1:12:38	1:14:23
		10:32	2:51	5:43	2:08	4:21	6:52	8:49	6:14	9:52	1:57	7:05	2:03	4:11	1:45	
		1:16:21	1:16:34													
		1:58	0:13													
4	Pedro Martínez Suárez Madrid O-CHARLIES LEGA	1:20:44	17:56	21:14	28:44	30:52	34:48	39:44	48:13	54:22	1:02:07	1:04:04	1:10:42	1:12:51	1:17:03	1:18:54
		17:56	3:18	7:30	2:08	3:56	4:56	8:29	6:09	7:45	1:57	6:38	2:09	4:12	1:51	
		1:20:34	1:20:44													
		1:40	0:10													
5	Sergio De La Losa Merino Madrid O-GETAFE	1:23:17	8:30	11:43	18:16	20:39	23:53	30:20	38:35	44:24	51:41	53:29	1:07:59	1:11:40	1:15:58	1:21:05
		8:30	3:13	6:33	2:23	3:14	6:27	8:15	5:49	7:17	1:48	14:30	3:41	4:18	5:07	
		1:23:04	1:23:17													
		1:59	0:13													
6	Miguel Angel Cabeza Garc Madrid IMPERDIBLE	1:27:04	9:32	12:24	16:55	19:07	22:07	39:21	48:48	55:34	1:05:35	1:07:48	1:14:35	1:17:02	1:22:00	1:24:09
		9:32	2:52	4:31	2:12	3:00	17:14	9:27	6:46	10:01	2:13	6:47	2:27	4:58	2:09	
		1:26:46	1:27:04													
		2:37	0:18													
7	David Reina Laso Madrid GOCAN	1:31:18	10:41	14:11	20:46	23:18	28:43	35:03	44:09	51:39	59:49	1:02:25	1:13:26	1:15:50	1:20:43	1:28:13
		10:41	3:30	6:35	2:32	5:25	6:20	9:06	7:30	8:10	2:36	11:01	2:24	4:53	7:30	
		1:31:08	1:31:18													
		2:55	0:10													
8	Javier García Martín Salamanca OX	1:31:40	10:43	14:02	19:58	27:16	31:23	37:30	49:50	58:32	1:11:12	1:13:05	1:19:43	1:21:43	1:26:38	1:29:14
		10:43	3:19	5:56	7:18	4:07	6:07	12:20	8:42	12:40	1:53	6:38	2:00	4:55	2:36	
		1:31:27	1:31:40													
		2:13	0:13													
9	José Luis Miguel Pellón Madrid COLMENAR	1:32:58	13:50	31:17	36:25	38:52	42:57	48:50	57:48	1:03:24	1:11:19	1:12:59	1:21:11	1:23:04	1:27:38	1:30:29
		13:50	17:27	5:08	2:27	4:05	5:53	8:58	5:36	7:55	1:40	8:12	1:53	4:34	2:51	
		1:32:45	1:32:58													
		2:16	0:13													
10	Álvaro Frecentese Lozano Madrid MALARRUTA	1:38:07	8:58	14:18	19:46	21:53	34:13	47:08	57:53	1:04:17	1:12:19	1:14:37	1:25:31	1:27:40	1:32:50	1:35:26
		8:58	5:20	5:28	2:07	12:20	12:55	10:45	6:24	8:02	2:18	10:54	2:09	5:10	2:36	
		1:37:54	1:38:07													
		2:28	0:13													
11	Andrew Glover Madrid COLMENAR	1:39:20	9:20	22:00	33:37	36:52	41:12	46:54	57:18	1:03:27	1:14:04	1:16:14	1:22:56	1:25:08	1:31:48	1:37:12
		9:20	12:40	11:37	3:15	4:20	5:42	10:24	6:09	10:37	2:10	6:42	2:12	6:40	5:24	
		1:39:04	1:39:20													
		1:52	0:16													
12	Juan Antonio Higuera Fe Madrid COLMENAR	1:43:07	21:53	25:23	32:01	36:15	41:38	49:17	1:00:19	1:06:19	1:21:09	1:23:38	1:31:08	1:33:33	1:39:13	1:40:48
		21:53	3:30	6:38	4:14	5:23	7:39	11:02	6:00	14:50	2:29	7:30	2:25	5:40	1:35	
		1:42:55	1:43:07													
		2:07	0:12													
13	Andrés Rivero Sánchez Madrid GOCAN	1:44:22	13:11	16:40	25:12	28:31	32:34	42:44	55:28	1:02:27	1:13:15	1:18:54	1:30:43	1:33:14	1:38:46	1:41:04
		13:11	3:29	8:32	3:19	4:03	10:10	12:44	6:59	10:48	5:39	11:49	2:31	5:32	2:18	
		1:44:11	1:44:22													
		3:07	0:11													
14	Raúl Regaño Sánchez Madrid TIERRA TRAGAME	1:53:56	9:13	12:56	23:02	42:59	46:57	56:15	1:12:40	1:18:51	1:29:27	1:31:39	1:40:31	1:42:26	1:46:59	1:51:54
		9:13	3:43	10:06	19:57	3:58	9:18	16:25	6:11	10:36	2:12	8:52	1:55	4:33	4:55	
		1:53:44	1:53:56													
		1:50	0:12													
15	Pedro González Sánchez Madrid ESCONDITE-M	1:57:42	15:21	19:16	26:30	29:34	34:42	1:04:29	1:15:40	1:21:53	1:32:26	1:35:05	1:43:00	1:46:02	1:52:11	1:55:14
		15:21	3:55	7:14	3:04	5:08	29:47	11:11	6:13	10:33	2:39	7:55	3:02	6:09	3:03	
		1:57:28	1:57:42													
		2:14	0:14													
16	Alberto García Barrio Madrid MONTE_EL_PARDI	2:01:55	12:28	16:56	37:06	40:18	52:35	1:03:57	1:20:30	1:27:46	1:37:41	1:40:04	1:49:47	1:52:09	1:56:46	1:58:59
		12:28	4:28	20:10	3:12	12:17	11:22	16:33	7:16	9:55	2:23	9:43	2:22	4:37	2:13	
		2:01:39	2:01:55													
		2:40	0:16													
17	Alberto Gómez Soria Madrid RUMBO MADRID	2:02:46	15:56	20:27	28:19	32:19	40:32	50:13	1:09:31	1:19:35	1:32:43	1:36:41	1:46:49	1:49:31	1:56:39	2:00:04
		15:56	4:31	7:52	4:00	8:13	9:41	19:18	10:04	13:08	3:58	10:08	2:42	7:08	3:25	
		2:02:30	2:02:46													
		2:26	0:16													
18	Julio Francisco González Madrid TIERRA TRAGAME	2:04:53	10:23	15:52	21:47	24:56	40:19	44:52	55:57	1:12:57	1:23:29	1:25:44	1:32:57	1:35:13	1:42:49	2:02:19
		10:23	5:29	5:55	3:09	15:23	4:33	11:05	17:00	10:32	2:15	7:13	2:16	7:36	19:30	
		2:04:35	2:04:53													
		2:16	0:18													
19	Manuel Carreras Zapata Madrid COLMENAR	2:06:13	22:04	26:15	36:36	39:44	44:09	59:16	1:11:42	1:20:30	1:30:44	1:32:06	1:44:42	1:48:04	1:55:09	2:03:43
		22:04	4:11	10:21	3:08	4:25	15:07	12:26	8:48	10:14	1:22	12:36	3:22	7:05	8:34	
		2:05:59	2:06:13													
		2:16	0:14													
20	Pablo Villalobos Bazaga Madrid COLMENAR	2:16:35	11:23	29:33	34:31	37:05	47:45	59:37	1:17:15	1:37:31	1:44:26	1:46:00	2:01:46	2:03:39	2:08:33	2:14:49
		11:23	18:10	4:58	2:34	10:40	11:52	17:38	20:16	6:55	1:34	15:46	1:53	4:54	6:16	
		2:16:19	2:16:35													
		1:30	0:16													
21	Sergio Garrido Rodríguez Madrid GOCAN	2:18:14	19:04	26:35	34:02	47:48	54:52	1:04:22	1:17:07	1:24:47	1:40:39	1:43:12	1:53:36	1:56:20	2:11:06	2:14:10
		19:04	7:31	7:27	13:46	7:04	9:30	12:45	7:40	15:52	2:33	10:24	2:44	14:46	3:04	
		2:17:36	2:18:14													
		3:26	0:38													
22	Carlos Elez Fernández Madrid O-CHARLIES LEGA	2:25:26	13:52	24:58	35:36	38:30	43:37	53:49	1:05:46	1:34:31	1:45:10	1:49:07	2:10:36	2:13:27	2:19:40	2:22:31
		13:52	11:06	10:38	2:54	5:07	10:12	11:57	28:45	10:39	3:57	21:29	2:51	6:13	2:51	
		2:25:08	2:25:26													
		2:37	0:18													

Pos	Nombre	Tiempo														
<b>M-45 O-Pie (25)</b>		<b>7,0 km 280 m 15 C (cont.)</b>														
		1(64)	2(65)	3(33)	4(62)	5(37)	6(31)	7(38)	8(56)	9(42)	10(43)	11(44)	12(45)	13(46)	14(47)	
		15(100)	Meta													
<b>23</b>	<b>Óscar Hernández Martínez</b> <b>Madrid O-GETAFE</b>	<b>3:19:10</b>	18:57	44:37	58:04	1:04:26	1:10:37	1:32:28	1:48:02	2:09:14	2:21:05	2:24:00	2:36:20	2:38:56	2:50:43	3:16:46
			18:57	25:40	13:27	6:22	6:11	21:51	15:34	21:12	11:51	2:55	12:20	2:36	11:47	26:03
			3:18:56	3:19:10												
			2:10	0:14												
	<b>José Antonio Fernández P</b> <b>Madrid IBERIA</b>	<b>Error en tarj.</b>	-----	-----	12:26	-----	33:14	-----	50:30	57:13	-----	-----	1:10:29	1:13:22	1:18:21	1:21:03
					12:26		20:48		17:16	6:43			13:16	2:53	4:59	2:42
			1:24:03	1:24:27		7:30	17:48	22:45	24:43	38:45	1:05:09					
			3:00	0:24		*54	*34	*35	*36	*32	*58					
	<b>Adrián Prieto Jiménez</b> <b>Madrid O-CHARLIES LEGA</b>	<b>No sale</b>														
<b>F-50 O-Pie (12)</b>		<b>5,0 km 180 m 14 C</b>														
		1(55)	2(33)	3(34)	4(35)	5(36)	6(67)	7(68)	8(63)	9(54)	10(60)	11(45)	12(57)	13(59)	14(100)	
		Meta														
<b>1</b>	<b>Natalia Galve Roperh</b> <b>Madrid O-CHARLIES LEGA</b>	<b>1:01:35</b>	<b>5:06</b>	<b>8:23</b>	<b>13:40</b>	19:52	21:51	<b>28:56</b>	<b>31:21</b>	<b>42:14</b>	<b>46:05</b>	<b>50:58</b>	<b>55:18</b>	<b>58:57</b>	<b>1:00:46</b>	<b>1:01:22</b>
			5:06	3:17	5:17	6:12	1:59	7:05	2:25	10:53	3:51	4:53	4:20	3:39	1:49	0:36
			1:01:35													
			0:13													
<b>2</b>	<b>Sara Gómez Serra</b> <b>Madrid GOCAN</b>	<b>1:04:20</b>	12:54	16:56	20:36	24:51	27:06	35:19	38:53	49:17	52:12	56:59	58:38	1:02:08	1:03:22	1:04:05
			12:54	4:02	3:40	4:15	2:15	8:13	3:34	10:24	2:55	4:47	1:39	3:30	1:14	0:43
			1:04:20													
			0:15													
<b>3</b>	<b>Iryna Beketova Gridasova</b> <b>Madrid MAXIMUS</b>	<b>1:12:38</b>	6:51	10:23	15:24	25:40	28:23	37:14	40:24	50:58	55:12	1:01:50	1:04:07	1:10:25	1:11:42	1:12:23
			6:51	3:32	5:01	10:16	2:43	8:51	3:10	10:34	4:14	6:38	2:17	6:18	1:17	0:41
			1:12:38													
			0:15													
<b>4</b>	<b>Ana Perez Riofrio</b> <b>Madrid IMPERDIBLE</b>	<b>1:16:46</b>	6:21	11:26	16:40	23:09	25:37	35:01	42:33	54:28	57:46	1:03:29	1:06:02	1:13:48	1:15:11	1:16:17
			6:21	5:05	5:14	6:29	2:28	9:24	7:32	11:55	3:18	5:43	2:33	7:46	1:23	1:06
			1:16:46													
			0:29													
<b>5</b>	<b>Silvia Solabre Suarez</b> <b>Madrid COLMENAR</b>	<b>1:17:47</b>	6:05	9:05	14:24	19:30	21:31	30:04	32:34	46:41	1:03:34	1:08:42	1:11:02	1:15:33	1:16:47	1:17:32
			6:05	3:00	5:19	5:06	2:01	8:33	2:30	14:07	16:53	5:08	2:20	4:31	1:14	0:45
			1:17:47													
			0:15													
<b>6</b>	<b>Elena Espeso Gayte</b> <b>Madrid IMPERDIBLE</b>	<b>1:24:16</b>	13:08	16:22	23:23	28:08	30:16	36:46	42:27	57:23	1:08:04	1:13:35	1:15:47	1:21:48	1:22:58	1:23:52
			13:08	3:14	7:01	4:45	2:08	6:30	5:41	14:56	10:41	5:31	2:12	6:01	1:10	0:54
			1:24:16													
			0:24													
<b>7</b>	<b>Carmen Barrera Fuertes</b> <b>Madrid IMPERDIBLE</b>	<b>1:31:12</b>	5:44	10:33	16:33	23:50	26:26	36:29	39:09	51:28	1:12:20	1:20:40	1:22:49	1:28:20	1:29:57	1:30:55
			5:44	4:49	6:00	7:17	2:36	10:03	2:40	12:19	20:52	8:20	2:09	5:31	1:37	0:58
			1:31:12													
			0:17													
<b>8</b>	<b>Silvia Fernández Izquierdo</b> <b>Madrid ESCONDITE-M</b>	<b>1:36:49</b>	10:20	14:30	21:15	29:04	31:13	40:23	43:10	1:07:34	1:19:10	1:26:00	1:28:46	1:34:59	1:36:05	1:36:37
			10:20	4:10	6:45	7:49	2:09	9:10	2:47	24:24	11:36	6:50	2:46	6:13	1:06	0:32
			1:36:49													
			0:12													
<b>9</b>	<b>Laura Lopez Regidor</b> <b>Madrid O-CHARLIES LEGA</b>	<b>1:47:45</b>	5:26	30:43	36:16	43:08	45:37	58:58	1:02:33	1:18:39	1:27:32	1:36:25	1:38:36	1:43:51	1:46:37	1:47:28
			5:26	25:17	5:33	6:52	2:29	13:21	3:35	16:06	8:53	8:53	2:11	5:15	2:46	0:51
			1:47:45													
			0:17													
<b>10</b>	<b>Pilar Perez Ferrer</b> <b>Madrid TIERRA TRAGAME</b>	<b>1:54:00</b>	9:17	14:38	35:44	44:31	49:58	1:01:27	1:06:38	1:19:22	1:27:37	1:35:30	1:40:07	1:49:46	1:52:11	1:53:31
			9:17	5:21	21:06	8:47	5:27	11:29	5:11	12:44	8:15	7:53	4:37	9:39	2:25	1:20
			1:54:00													
			0:29													
<b>11</b>	<b>Victoria Franco Sáez</b> <b>Badajoz BASE DON BENIT</b>	<b>1:54:42</b>	7:16	14:42	22:24	28:02	30:23	45:55	49:16	1:14:12	1:28:15	1:35:14	1:37:39	1:50:15	1:52:34	1:54:19
			7:16	7:26	7:42	5:38	2:21	15:32	3:21	24:56	14:03	6:59	2:25	12:36	2:19	1:45
			1:54:42													
			0:23													
<b>12</b>	<b>Alicia López Martínez</b> <b>Madrid ALABARDA-O</b>	<b>2:12:49</b>	11:19	19:20	32:09	43:11	48:10	1:06:15	1:11:40	1:31:52	1:40:05	1:55:24	2:00:02	2:08:49	2:10:34	2:12:10
			11:19	8:01	12:49	11:02	4:59	18:05	5:25	20:12	8:13	15:19	4:38	8:47	1:45	1:36
			2:12:49													
			0:39													
<b>M-50 O-Pie (23)</b>		<b>6,6 km 250 m 15 C</b>														
		1(54)	2(33)	3(34)	4(35)	5(36)	6(37)	7(32)	8(38)	9(56)	10(58)	11(44)	12(45)	13(46)	14(47)	
		15(100)	Meta													
<b>1</b>	<b>Miguel Ángel Durán García</b> <b>Madrid MALARRUTA</b>	<b>1:13:27</b>	9:22	13:39	17:24	21:29	22:50	32:23	36:24	46:13	51:58	<b>56:29</b>	<b>59:41</b>	<b>1:01:47</b>	<b>1:06:08</b>	<b>1:11:23</b>
			9:22	4:17	3:45	4:05	1:21	9:33	4:01	9:49	5:45	4:31	3:12	2:06	4:21	5:15
			1:13:14	1:13:27												
			1:51	0:13												
<b>2</b>	<b>Ramón García-Catalán Sin</b> <b>Madrid IMPERDIBLE</b>	<b>1:14:35</b>	<b>5:01</b>	<b>8:56</b>	<b>12:44</b>	<b>16:07</b>	<b>17:55</b>	<b>27:45</b>	<b>30:45</b>	<b>45:36</b>	<b>50:56</b>	57:16	1:01:31	1:04:18	1:09:05	1:11:25
			5:01	3:55	3:48	3:23	1:48	9:50	3:00	14:51	5:20	6:20	4:15	2:47	4:47	2:20
			1:14:16	1:14:35												
			2:51	0:19												
<b>3</b>	<b>Ismael Cabañas Garcia</b> <b>Madrid ESCONDITE-M</b>	<b>1:19:20</b>	7:19	13:38	18:18	21:38	23:29	32:49	37:05	48:18	54:43	1:05:09	1:09:13	1:11:01	1:15:16	1:17:06
			7:19	6:19	4:40	3:20	1:51	9:20	4:16	11:13	6:25	10:26	4:04	1:48	4:15	1:50
			1:19:06	1:19:20												
			2:00	0:14												
<b>4</b>	<b>Bernardo Sánchez Gonzál</b> <b>Madrid MONTE_EL_PARDI</b>	<b>1:19:30</b>	6:28	11:32	15:30	20:42	22:11	30:18	35:14	51:40	1:00:30	1:04:10	1:07:22	1:09:20	1:14:41	1:17:21
			6:28	5:04	3:58	5:12	1:29	8:07	4:56	16:26	8:50	3:40	3:12	1:58	5:21	2:40
			1:19:16	1:19:30												
			1:55	0:14												
<b>5</b>	<b>Eusebio A. Garnacho Gon:</b> <b>Madrid ALABARDA-O</b>	<b>1:20:03</b>	5:54	11:08	15:12	21:00	23:08	36:36	40:41	54:10	1:00:42	1:04:51	1:08:26	1:10:30	1:15:24	1:17:36
			5:54	5:14	4											

Pos	Nombre	Tiempo														
<i>M-50 O-Pie (23)</i>		<b>6,6 km 250 m</b>			<b>15 C</b>		<i>(cont.)</i>									
		1(54)	2(33)	3(34)	4(35)	5(36)	6(37)	7(32)	8(38)	9(56)	10(58)	11(44)	12(45)	13(46)	14(47)	
		15(100)	Meta													
<b>6</b>	<b>Tomás Munáiz Alonso</b> Madrid COLMENAR	<b>1:25:24</b>	6:42	11:42	15:53	20:26	22:30	31:31	38:46	50:01	57:18	1:06:23	1:10:44	1:13:28	1:18:16	1:23:11
			6:42	5:00	4:11	4:33	2:04	9:01	7:15	11:15	7:17	9:05	4:21	2:44	4:48	4:55
		1:25:11	1:25:24													
		2:00	0:13													
<b>7</b>	<b>Jaime Valverde Viu</b> Madrid O-GETAFE	<b>1:25:37</b>	6:55	11:15	15:59	24:11	26:02	35:45	41:45	54:15	1:03:31	1:08:37	1:12:44	1:15:10	1:21:02	1:23:08
			6:55	4:20	4:44	8:12	1:51	9:43	6:00	12:30	9:16	5:06	4:07	2:26	5:52	2:06
		1:25:25	1:25:37													
		2:17	0:12													
<b>8</b>	<b>Óscar Medrano Prieto</b> Ávila Ultra Maximus	<b>1:28:19</b>	7:21	11:29	15:30	19:10	20:52	34:25	37:59	52:37	1:00:51	1:06:22	1:11:01	1:13:08	1:22:28	1:25:30
			7:21	4:08	4:01	3:40	1:42	13:33	3:34	14:38	8:14	5:31	4:39	2:07	9:20	3:02
		1:28:08	1:28:19													
		2:38	<b>0:11</b>													
<b>9</b>	<b>Francisco Delgado Alfaro</b> Albacete COAB	<b>1:28:58</b>	6:32	12:14	16:21	20:37	22:41	31:56	41:08	56:05	1:02:55	1:08:35	1:12:34	1:15:08	1:20:48	1:25:58
			6:32	5:42	4:07	4:16	2:04	9:15	9:12	14:57	6:50	5:40	3:59	2:34	5:40	5:10
		1:28:44	1:28:58													
		2:46	0:14													
<b>10</b>	<b>José Alberto Cejudo Balde</b> Madrid GOCAN	<b>1:29:04</b>	16:09	20:35	24:46	29:05	30:36	41:34	48:58	1:02:36	1:10:05	1:14:44	1:18:25	1:20:30	1:25:21	1:26:59
			16:09	4:26	4:11	4:19	1:31	10:58	7:24	13:38	7:29	4:39	3:41	2:05	4:51	<b>1:38</b>
		1:28:51	1:29:04			<b>1:23:44</b>										
		1:52	0:13			<b>*57</b>										
<b>11</b>	<b>Alberto Pérez Miranda</b> Madrid COLMENAR	<b>1:33:34</b>	13:01	19:08	24:20	28:51	31:27	42:35	49:55	1:03:06	1:09:33	1:15:00	1:19:19	1:21:48	1:27:11	1:30:33
			13:01	6:07	5:12	4:31	2:36	11:08	7:20	13:11	6:27	5:27	4:19	2:29	5:23	3:22
		1:33:16	1:33:34													
		2:43	0:18													
<b>12</b>	<b>Chema Manget Velasco</b> Madrid IBERIA	<b>1:37:29</b>	9:29	14:40	19:02	23:28	25:26	33:32	44:24	59:52	1:06:32	1:12:20	1:17:29	1:19:42	1:28:13	1:34:47
			9:29	5:11	4:22	4:26	1:58	8:06	10:52	15:28	6:40	5:48	5:09	2:13	8:31	6:34
		1:37:12	1:37:29													
		2:25	0:17													
<b>13</b>	<b>Jose Carlos Castillo Gome</b> Madrid COLMENAR	<b>1:39:47</b>	8:00	12:44	17:21	24:30	26:27	35:52	40:48	54:09	1:02:16	1:16:31	1:21:14	1:24:39	1:33:21	1:36:34
			8:00	4:44	4:37	7:09	1:57	9:25	4:56	13:21	8:07	14:15	4:43	3:25	8:42	3:13
		1:39:32	1:39:47													
		2:58	0:15													
<b>14</b>	<b>Alejandro Alvarez Gonzale</b> Madrid COLMENAR	<b>1:46:07</b>	8:21	24:47	29:15	35:35	37:26	47:25	51:35	1:06:36	1:23:28	1:28:24	1:32:28	1:34:36	1:40:38	1:43:33
			8:21	16:26	4:28	6:20	1:51	9:59	4:10	15:01	16:52	4:56	4:04	2:08	6:02	2:55
		1:45:52	1:46:07													
		2:19	0:15													
<b>15</b>	<b>Jose Miguel Mesas Martín</b> Cuenca COMCU	<b>1:48:27</b>	8:40	15:32	19:44	24:39	26:34	37:30	1:02:17	1:14:27	1:21:12	1:29:07	1:34:37	1:37:20	1:42:24	1:45:06
			8:40	6:52	4:12	4:55	1:55	10:56	24:47	12:10	6:45	7:55	5:30	2:43	5:04	2:42
		1:48:02	1:48:27													
		2:56	0:25													
<b>16</b>	<b>Roberto Monseco Montes</b> Madrid O-CHARLIES LEGA	<b>1:52:57</b>	5:20	9:34	13:08	16:46	18:27	30:47	45:32	56:00	1:22:22	1:32:36	1:38:27	1:40:54	1:47:51	1:50:21
			5:20	4:14	<b>3:34</b>	3:38	1:41	12:20	14:45	10:28	26:22	10:14	5:51	2:27	6:57	2:30
		1:52:40	1:52:57													
		2:19	0:17													
<b>17</b>	<b>Felipe Lastra Martínez</b> Madrid O-CHARLIES LEGA	<b>1:59:13</b>	20:42	32:08	36:12	40:20	41:57	49:11	58:13	1:12:43	1:30:56	1:37:23	1:42:36	1:45:15	1:51:11	1:56:24
			20:42	11:26	4:04	4:08	1:37	<b>7:14</b>	9:02	14:30	18:13	6:27	5:13	2:39	5:56	5:13
		1:58:54	1:59:13													
		2:30	0:19													
<b>18</b>	<b>Juan Pablo Balzategui Pér</b> Madrid C.D.C.E.B.E.	<b>2:35:35</b>	22:43	28:11	32:58	40:01	42:11	1:05:12	1:27:21	1:48:12	1:58:12	2:07:02	2:14:38	2:17:27	2:24:20	2:31:58
			22:43	5:28	4:47	7:03	2:10	23:01	22:09	20:51	10:00	8:50	7:36	2:49	6:53	7:38
		2:35:16	2:35:35													
		3:18	0:19													
<b>19</b>	<b>Pablo González De Herrero</b> Madrid MALARRUTA	<b>2:58:27</b>	18:33	25:32	31:45	48:31	49:51	1:13:43	1:31:11	1:57:03	2:10:31	2:25:36	2:35:02	2:37:28	2:46:21	2:51:13
			18:33	6:59	6:13	16:46	<b>1:20</b>	23:52	17:28	25:52	13:28	15:05	9:26	2:26	8:53	4:52
		2:58:08	2:58:27													
		6:55	0:19													
	<b>Emilio Carreras Huerta</b> Segovia Segovia-O	<b>Error en tarj.</b>	17:48	26:59	30:41	34:38	36:16	44:42	-----	1:38:40	1:44:44	1:49:42	1:52:55	1:55:14	1:59:45	2:04:22
			17:48	9:11	3:42	3:57	1:38	8:26		53:58	6:04	4:58	3:13	2:19	4:31	4:37
		2:06:57	2:07:09			<b>1:14:13</b>										
		2:35	0:12			<b>*65</b>										
	<b>Pablo Dinis Vizcaino</b> Madrid GOCAN	<b>Abandona</b>	6:05	12:48	18:19	29:02	31:17	41:47	-----	-----	-----	-----	-----	-----	-----	-----
			6:05	6:43	5:31	10:43	2:15	10:30								
			-----	1:33:16												
			51:29													
	<b>José María Plana</b> Madrid IBERIA	<b>Abandona</b>	10:26	15:14	20:02	24:17	26:06	35:28	-----	-----	-----	-----	-----	1:31:12	1:36:12	1:38:31
			10:26	4:48	4:48	4:15	1:49	9:22						55:44	5:00	2:19
		1:42:09	1:42:27													
		3:38	0:18													
	<b>Félix García Huertas</b> Madrid GOCAN	<b>No sale</b>														

<i>F-55 O-Pie (8)</i>		<b>4,1 km 130 m</b>			<b>11 C</b>											
		1(61)	2(36)	3(34)	4(37)	5(68)	6(63)	7(60)	8(48)	9(45)	10(53)	11(100)	Meta			
<b>1</b>	<b>Ana María Prada Cazoria</b> Madrid O-GETAFE	<b>57:02</b>	<b>2:58</b>	<b>9:10</b>	<b>14:52</b>	<b>20:59</b>	<b>24:14</b>	<b>39:23</b>	<b>49:40</b>	<b>51:24</b>	<b>53:47</b>	<b>55:33</b>	<b>56:46</b>	<b>57:02</b>		
			<b>2:58</b>	<b>6:12</b>	<b>5:42</b>	<b>6:07</b>	<b>3:15</b>	15:09	10:17	<b>1:44</b>	<b>2:23</b>	<b>1:46</b>	<b>1:13</b>	<b>0:16</b>		
<b>2</b>	<b>Carolina Cuesta García</b> Madrid MALARRUTA	<b>1:09:55</b>	7:56	15:04	24:32	31:03	39:16	53:42	59:18	1:01:58	1:06:11	1:08:11	1:09:35	1:09:55		
			7:56	7:08	9:28	6:31	8:13	14:26	5:36	2:40	4:13	2:00	1:24	0:20		
<b>3</b>	<b>Ainhoa Firvida Mora</b> Segovia Segovia-O	<b>1:19:22</b>	4:31	13:52	24:53	35:55	39:25	52:43	59:43	1:02:54	1:15:02	1:17:24	1:18:59	1:19:22		
			4:31	9:21	11:01	11:02	3:30	13:18	7:00	3:11	12:08	2:22	1:35	0:23		
<b>4</b>	<b>Concepción Ureña Pérez</b> Madrid SOTOBOSQUE	<b>1:20:58</b>	6:56	25:31	37:10	46:32	51:05	1:03:25	1:09:23							

Pos	Nombre	Tiempo														
<b>F-55 O-Pie (8)</b>		<b>4,1 km 130 m 11 C (cont.)</b>														
		1(61)	2(36)	3(34)	4(37)	5(68)	6(63)	7(60)	8(48)	9(45)	10(53)	11(100)	Meta			
<b>8</b>	<b>Carolina Martos Otero</b> Madrid O-CHARLIES LEGA	<b>1:45:36</b>	4:57 4:57	16:17 11:20	29:24 13:07	41:58 12:34	59:43 17:45	1:27:50 28:07	1:33:07 5:17	1:36:12 3:05	1:40:06 3:54	1:43:17 3:11	1:45:20 2:03	1:45:36 0:16		
<b>M-55 O-Pie (16)</b>		<b>6,0 km 210 m 15 C</b>														
		1(55) 15(100)	2(33) Meta	3(34)	4(35)	5(36)	6(67)	7(65)	8(54)	9(56)	10(58)	11(44)	12(45)	13(57)	14(59)	
<b>1</b>	<b>Miguel Álvarez Berruezo</b> Madrid RUMBO MADRID	<b>1:03:11</b>	4:08 4:08	8:35 4:27	11:41 <b>3:06</b>	17:04 5:23	18:57 1:53	28:56 9:59	31:54 <b>2:58</b>	39:27 7:33	48:18 8:51	52:34 4:16	56:08 3:34	58:05 1:57	<b>1:01:28</b> 3:23	<b>1:02:25</b> 0:57
<b>2</b>	<b>Francisco Jose Rubio Bra</b> Segovia Segovia-O	<b>1:04:52</b>	3:50 3:50	6:22 2:32	<b>10:23</b> 4:01	13:57 3:34	<b>15:21</b> <b>1:24</b>	<b>21:33</b> <b>6:12</b>	<b>25:38</b> 4:05	<b>34:46</b> 9:08	47:27 12:41	51:29 4:02	54:58 3:29	59:12 4:14	1:03:06 3:54	1:04:02 <b>0:56</b>
<b>3</b>	<b>Claudio Moran Muñoz</b> Madrid IMPERDIBLE	<b>1:05:56</b>	4:03 4:03	6:27 2:24	10:31 4:04	<b>13:47</b> 3:16	15:22 1:35	22:48 7:26	28:05 5:17	36:13 8:08	<b>44:19</b> <b>8:06</b>	<b>48:50</b> 4:31	<b>53:39</b> 4:49	<b>55:51</b> 2:12	1:04:22 8:31	1:05:19 0:57
<b>4</b>	<b>José Manuel Cermeño Her</b> Madrid COLMENAR	<b>1:10:40</b>	4:03 4:03	6:50 2:47	10:57 4:07	15:10 4:13	17:12 2:02	23:42 6:30	36:19 12:37	44:38 8:19	53:52 9:14	59:35 5:43	1:03:29 3:54	1:05:36 2:07	1:08:51 <b>3:15</b>	1:09:58 1:07
<b>5</b>	<b>Luis Mahou García</b> Madrid COTA	<b>1:14:06</b>	6:15 6:15	10:09 3:54	16:00 5:51	20:30 4:30	22:34 2:04	30:13 7:39	36:07 5:54	43:37 <b>7:30</b>	53:20 9:43	1:00:03 6:43	1:04:55 4:52	1:08:39 3:44	1:12:06 3:27	1:13:07 1:01
<b>6</b>	<b>Marco Hermosilla Beraza</b> Madrid MALARRUTA	<b>1:18:27</b>	5:55 5:55	10:48 4:53	16:39 5:51	21:04 4:25	23:17 2:13	32:56 9:39	37:11 4:15	45:59 8:48	57:39 11:40	1:05:52 8:13	1:09:49 3:57	1:12:30 2:41	1:16:00 3:30	1:17:19 1:19
<b>7</b>	<b>Fernando García-Argudo C</b> Madrid COLMENAR	<b>1:22:15</b>	5:47 5:47	8:37 2:50	12:48 4:11	16:56 4:08	19:17 2:21	40:44 21:27	44:43 3:59	53:31 8:48	1:04:28 10:57	1:10:18 5:50	1:13:54 3:36	1:16:18 2:24	1:20:14 3:56	1:21:20 1:06
<b>8</b>	<b>Jose Alberto Velasco Villa</b> Madrid O-CHARLIES LEGA	<b>1:24:19</b>	5:05 5:05	12:05 7:00	18:42 6:37	22:20 3:38	24:18 1:58	33:00 8:42	39:54 6:54	52:09 12:15	1:03:35 11:26	1:11:56 8:21	1:15:52 3:56	1:18:24 2:32	1:22:00 3:36	1:23:14 1:14
<b>9</b>	<b>Juan Manuel Agejas Domí</b> Madrid COLMENAR	<b>1:25:53</b>	<b>3:36</b> <b>3:36</b>	<b>5:50</b> <b>2:14</b>	12:59 7:09	16:13 <b>3:14</b>	17:47 1:34	31:17 13:30	47:07 15:50	55:04 7:57	1:04:06 9:02	1:07:47 <b>3:41</b>	1:10:36 <b>2:49</b>	1:12:29 <b>1:53</b>	1:19:41 7:12	1:25:12 5:31
<b>10</b>	<b>Carlos Expósito Pérez</b> Madrid IBERIA	<b>1:27:11</b>	4:29 4:29	7:31 3:02	13:30 5:59	17:47 4:17	19:57 2:10	27:16 7:19	32:48 5:32	48:37 15:49	1:00:13 11:36	1:11:45 11:32	1:16:58 5:13	1:19:41 2:43	1:24:42 5:01	1:26:17 1:35
<b>11</b>	<b>Ángel Abarca Pascual</b> Madrid GOCAN	<b>1:32:47</b>	5:38 5:38	9:18 3:40	15:11 5:53	24:09 8:58	26:45 2:36	36:32 9:47	42:40 6:08	55:11 12:31	1:09:17 14:06	1:17:35 8:18	1:21:33 3:58	1:24:17 2:44	1:29:50 5:33	1:31:07 1:17
<b>12</b>	<b>José Luis Miñas Galán</b> Segovia Segovia-O	<b>1:37:21</b>	22:12 22:12	26:20 4:08	32:41 6:21	36:32 3:51	38:14 1:42	44:53 6:39	53:50 8:57	1:06:03 12:13	1:17:38 11:35	1:25:20 7:42	1:29:51 4:31	1:32:15 2:24	1:35:39 3:24	1:36:43 1:04
<b>13</b>	<b>Antonio Lopez Garcia</b> Madrid COLMENAR	<b>1:44:30</b>	14:26 14:26	19:58 5:32	24:56 4:58	31:27 6:31	33:40 2:13	42:03 8:23	59:09 17:06	1:10:13 11:04	1:26:57 16:44	1:32:28 5:31	1:35:51 3:23	1:38:33 2:42	1:42:24 3:51	1:43:30 1:06
<b>14</b>	<b>Benito Pascual C</b> Madrid COLMENAR	<b>2:11:36</b>	8:58 8:58	11:26 2:28	17:44 6:18	41:46 24:02	44:17 2:31	52:04 7:47	59:08 7:04	1:25:48 26:40	1:48:40 22:52	1:54:41 6:01	1:58:42 4:01	2:01:53 3:11	2:07:13 5:20	2:10:40 3:27
<b>15</b>	<b>Emilio Larriba De La Rubia</b> Madrid O-GETAFE	<b>2:23:20</b>	6:11 6:11	10:45 4:34	17:31 6:46	24:08 6:37	27:18 3:10	1:06:12 38:54	1:13:34 7:22	1:40:08 26:34	1:58:29 18:21	2:05:04 6:35	2:11:51 6:47	2:15:00 3:09	2:20:01 5:01	2:21:49 1:48
	<b>Francisco Muñoz</b> Madrid GOCAN	<b>Abandona</b>	5:33 5:33	9:09 3:36	18:24 9:15	23:22 4:58	25:17 1:55	1:06:41 41:24	-----	-----	-----	-----	1:47:27 40:46	1:50:30 3:03	1:54:53 4:23	1:56:14 1:21
<b>F-60 O-Pie (7)</b>		<b>4,1 km 130 m 11 C</b>														
		1(61)	2(36)	3(34)	4(37)	5(68)	6(63)	7(60)	8(48)	9(45)	10(53)	11(100)	Meta			
<b>1</b>	<b>Milagros Dengra Tello</b> Madrid ESCONDITE-M	<b>1:25:13</b>	11:52 11:52	23:34 11:42	<b>30:31</b> <b>6:57</b>	<b>43:07</b> 12:36	50:34 7:27	1:07:58 17:24	1:14:25 6:27	1:18:04 3:39	<b>1:21:06</b> <b>3:02</b>	<b>1:23:30</b> <b>2:24</b>	<b>1:24:53</b> <b>1:23</b>	<b>1:25:13</b> 0:20		
<b>2</b>	<b>Elena Lopez Ordoñez</b> Madrid ESCONDITE-M	<b>1:26:36</b>	13:13 13:13	<b>22:20</b> <b>9:07</b>	32:06 9:46	47:34 15:28	51:27 3:53	1:11:21 19:54	1:16:25 <b>5:04</b>	1:18:38 2:13	1:21:57 3:19	1:24:35 2:38	1:26:19 1:44	1:26:36 <b>0:17</b>		
<b>3</b>	<b>Alicia Berrocal Pariente</b> Madrid COLMENAR	<b>1:32:46</b>	4:29 4:29	25:40 21:11	36:20 10:40	43:12 6:52	<b>47:54</b> 4:42	<b>1:03:00</b> 15:06	<b>1:09:56</b> 6:56	<b>1:13:04</b> 3:08	1:23:24 10:20	1:26:43 3:19	1:32:18 5:35	1:32:46 0:28		
<b>4</b>	<b>Ángeles García Madrid</b> Madrid C.D.C.E.B.E.	<b>1:43:46</b>	5:04 5:04	36:35 31:31	47:26 10:51	58:59 11:33	1:05:08 6:09	1:20:13 15:05	1:26:34 6:21	1:29:44 3:10	1:38:19 8:35	1:41:31 3:12	1:43:16 1:45	1:43:46 0:30		
<b>5</b>	<b>Alicia Blanch Cortes</b> Madrid IMPERDIBLE	<b>1:57:43</b>	<b>4:10</b> <b>4:10</b>	37:27 33:17	51:25 13:58	1:09:10 17:45	1:12:23 <b>3:13</b>	1:28:04 15:41	1:34:54 6:50	1:38:00 3:06	1:48:23 10:23	1:51:37 3:14	1:57:01 5:24	1:57:43 0:42		
<b>6</b>	<b>Rosa María Del Apio Casa</b> Madrid O-GETAFE	<b>1:59:03</b>	5:23 5:23	55:05 49:42	1:06:24 11:19	1:18:49 12:25	1:22:55 4:06	1:37:13 <b>14:18</b>	1:44:15 7:02	1:48:12 3:57	1:53:53 5:41	1:56:58 3:05	1:58:42 1:44	1:59:03 0:21		
<b>7</b>	<b>África Cabañas Fernández</b>	<b>2:16:35</b>	6:17	36:07	1:00:25	1:06:20	1:16:45	1:42:23	1:47:46	1:49:45	2:10:35	2:13:33	2:16:18	2:16:35		

Pos	Nombre	Tiempo														
<b>F-60 O-Pie (7)</b>		<b>4,1 km 130 m 11 C (cont.)</b>														
		1(61)	2(36)	3(34)	4(37)	5(68)	6(63)	7(60)	8(48)	9(45)	10(53)	11(100)	Meta			
	<b>Madrid O-GETAFE</b>	6:17	29:50	24:18	<b>5:55</b>	10:25	25:38	5:23	<b>1:59</b>	20:50	2:58	2:45	<b>0:17</b>			
<b>M-60 O-Pie (11)</b>		<b>5,0 km 180 m 14 C</b>														
		1(55) Meta	2(33)	3(34)	4(35)	5(36)	6(67)	7(68)	8(63)	9(54)	10(60)	11(45)	12(57)	13(59)	14(100)	
<b>1</b>	<b>Mikael Wirén</b> <b>Madrid MALARRUTA</b>	<b>42:59</b>	<b>3:16</b> <b>3:16</b>	<b>5:26</b> <b>2:10</b>	<b>9:22</b> <b>3:56</b>	<b>12:36</b> <b>3:14</b>	<b>14:14</b> <b>1:38</b>	<b>20:06</b> <b>5:52</b>	<b>22:14</b> <b>2:08</b>	<b>29:25</b> <b>7:11</b>	<b>31:54</b> <b>2:29</b>	<b>35:54</b> <b>4:00</b>	<b>37:32</b> <b>1:38</b>	<b>41:15</b> <b>3:43</b>	<b>42:08</b> <b>0:53</b>	<b>42:45</b> <b>0:37</b>
<b>2</b>	<b>Urbano Chousa Álvarez</b> <b>Madrid IMPERDIBLE</b>	<b>43:48</b>	3:35 0:14 <b>0:12</b>	5:49 2:14	9:43 <b>3:54</b>	12:54 <b>3:11</b>	14:32 <b>1:38</b>	20:29 5:57	23:14 2:45	30:48 7:34	33:34 2:46	37:25 <b>3:51</b>	39:00 <b>1:35</b>	42:12 <b>3:12</b>	43:01 <b>0:49</b>	43:36 0:35
<b>3</b>	<b>Toni Peñarando Galván</b> <b>Madrid RUMBO MADRID</b>	<b>1:03:17</b>	4:35 1:03:17	8:21 3:46	13:11 4:50	18:11 5:00	20:31 2:20	30:25 9:54	32:54 2:29	44:52 11:58	47:41 2:49	53:50 6:09	55:59 2:09	1:00:43 4:44	1:02:15 1:32	1:03:00 0:45
<b>4</b>	<b>Jesús Jiménez Romero</b> <b>Madrid IMPERDIBLE</b>	<b>1:08:11</b>	6:46 1:08:11	9:37 2:51	14:07 4:30	19:11 5:04	21:10 1:59	28:44 7:34	40:25 11:41	50:27 10:02	53:50 3:23	59:34 5:44	1:01:34 2:00	1:05:58 4:24	1:07:15 1:17	1:07:55 0:40
<b>5</b>	<b>José Luis Báscones Huert</b> <b>Madrid C.D.C.E.B.E.</b>	<b>1:14:18</b>	6:11 1:14:18	9:15 3:04	17:08 7:53	22:19 5:11	24:29 2:10	32:23 7:54	35:10 2:47	44:59 9:49	59:57 14:58	1:06:06 6:09	1:08:12 2:06	1:12:12 4:00	1:13:33 1:21	1:14:06 <b>0:33</b>
<b>6</b>	<b>Jose Javier Lara De La Lin</b> <b>Madrid COLMENAR</b>	<b>1:17:39</b>	3:59 1:17:39	6:23 2:24	10:32 4:09	14:30 3:58	16:36 2:06	42:30 25:54	45:39 3:09	54:13 8:34	57:01 2:48	1:08:16 11:15	1:09:55 1:39	1:15:38 5:43	1:16:44 1:06	1:17:22 0:38
<b>7</b>	<b>José García Robles</b> <b>Madrid COLMENAR</b>	<b>1:19:14</b>	11:25 1:19:14	14:15 2:50	18:32 4:17	22:23 3:51	24:10 1:47	42:57 18:47	45:37 2:40	1:01:11 15:34	1:04:27 3:16	1:09:39 5:12	1:11:47 2:08	1:16:11 4:24	1:18:23 2:12	1:19:00 0:37
<b>8</b>	<b>Eduardo Escudero Sánche</b> <b>Madrid ALABARDA-O</b>	<b>1:24:17</b>	15:43 1:24:17	19:32 3:49	26:48 7:16	33:10 6:22	35:24 2:14	45:28 10:04	48:44 3:16	59:28 10:44	1:08:50 9:22	1:14:03 5:13	1:16:38 2:35	1:21:48 5:10	1:23:15 1:27	1:24:02 0:47
<b>9</b>	<b>Manuel Pérez Herrero</b> <b>Madrid MONTE_EL_PARDI</b>	<b>1:35:39</b>	13:21 1:35:39	19:10 5:49	27:19 8:09	33:18 5:59	35:53 2:35	48:42 12:49	52:21 3:39	1:11:25 19:04	1:16:04 4:39	1:23:48 7:44	1:26:14 2:26	1:31:57 5:43	1:34:22 2:25	1:35:16 0:54
<b>10</b>	<b>Oscar Lopez Aguirre</b> <b>Madrid TIERRA TRAGAME</b>	<b>1:54:56</b>	10:09 1:54:56	15:39 5:30	36:33 20:54	45:33 9:00	50:40 5:07	1:02:27 11:47	1:07:26 4:59	1:20:08 12:42	1:28:19 8:11	1:36:26 8:07	1:41:00 4:34	1:50:45 9:45	1:53:07 2:22	1:54:26 1:19
	<b>Julián Amores Fuste</b> <b>Madrid SOTOBOSQUE</b>	<b>Error en tarj.</b>	----- 35:01 0:14	----- 9:05 *61	9:05 2:11 *36	----- 5:26 *36	----- 12:34 *37	----- 26:05 *48	14:31 5:26 *53	21:07 6:36	----- 24:28 3:21	31:19 6:51	----- -----	----- -----	----- -----	34:47 3:28
<b>OPEN AMARILL (25)</b>		<b>2,3 km 50 m 8 C</b>														
		1(60)	2(48)	3(49)	4(50)	5(51)	6(52)	7(53)	8(100)	Meta						
<b>1</b>	<b>Ana Izquierdo Franco</b> <b>Madrid IMPERDIBLE</b>	<b>32:04</b>	2:56 2:56	6:30 3:34	10:24 3:54	<b>17:13</b> <b>6:49</b>	<b>21:16</b> 4:03	<b>26:43</b> 5:27	<b>29:42</b> 2:59	<b>31:48</b> 2:06	<b>32:04</b> 0:16					
<b>2</b>	<b>Lucía Patiño Martín</b>	<b>32:32</b>	<b>2:13</b> <b>2:13</b>	<b>5:08</b> <b>2:55</b>	<b>7:58</b> 2:50	10:00	5:36	5:23	2:09	1:11	<b>0:15</b>					
<b>3</b>	<b>Lucía Berastegui-Sampedo</b>	<b>33:41</b>	2:33 2:33	14:19 11:46	16:45 <b>2:26</b>	24:54 8:09	27:27 <b>2:33</b>	30:35 3:08	32:14 1:39	33:23 1:09	33:41 0:18					
<b>4</b>	<b>Simón Escandell Mateo-Sa</b>	<b>33:43</b>	2:34 2:34	14:19 11:45	16:46 2:27	24:53 8:07	27:26 <b>2:33</b>	30:35 3:09	32:12 <b>1:37</b>	33:26 1:14	33:43 0:17	33:28 *100				
<b>5</b>	<b>Rita Escandell Mateo-Saga</b>	<b>34:44</b>	3:08 3:08	8:14 5:06	13:25 5:11	20:49 7:24	25:05 4:16	31:10 6:05	33:07 1:57	34:25 1:18	34:44 0:19					
<b>6</b>	<b>Héctor González Morán</b>	<b>35:28</b>	2:46 2:46	6:26 3:40	11:45 5:19	20:55 9:10	24:35 3:40	29:28 4:53	31:46 2:18	34:55 3:09	35:28 0:33					
<b>7</b>	<b>Fabio Frecentese Alonso</b>	<b>38:08</b>	2:45 2:45	8:51 6:06	15:05 6:14	22:54 7:49	27:14 4:20	32:04 4:50	36:32 4:28	37:52 1:20	38:08 0:16					
<b>8</b>	<b>Martina De La Herrán Priet</b>	<b>40:00</b>	4:26 4:26	9:30 5:04	15:40 6:10	24:46 9:06	30:43 5:57	36:19 5:36	38:44 2:25	39:40 <b>0:56</b>	40:00 0:20					
<b>9</b>	<b>Eva Carreras Santamaria</b> <b>Madrid COLMENAR</b>	<b>41:58</b>	6:27 6:27	12:09 5:42	17:50 5:41	25:55 8:05	31:06 5:11	36:25 5:19	39:48 3:23	41:33 1:45	41:58 0:25					
<b>10</b>	<b>Susana Xia</b> <b>No club</b>	<b>45:28</b>	3:13 3:13	10:54 7:41	17:03 6:09	28:05 11:02	32:39 4:34	39:10 6:31	42:52 3:42	44:53 2:01	45:28 0:35					
<b>11</b>	<b>Tamara Sanfablo Rodríguez</b>	<b>47:37</b>	5:51 5:51	14:23 8:32	19:35 5:12	28:58 9:23	33:22 4:24	39:24 6:02	43:21 3:57	47:00 3:39	47:37 0:37	47:01 *100				
<b>12</b>	<b>Lucía Muñoz Rainero</b> <b>No club</b>	<b>52:58</b>	6:17 6:17	13:13 6:56	20:48 7:35	31:30 10:42	36:38 5:08	45:40 9:02	49:31 3:51	52:28 2:57	52:58 0:30					
<b>13</b>	<b>Raquel López García</b>	<b>1:04:23</b>	5:45 5:45	12:02 6:17	16:51 4:49	33:31 16:40	42:07 8:36	54:05 11:58	58:47 4:42	1:03:13 4:26	1:04:23 1:10					
<b>14</b>	<b>Alberto Zuya Valladolid</b>	<b>1:08:50</b>	4:48 4:48	10:26 5:38	19:20 8:54	35:33 16:13	46:19 10:46	1:00:32 14:13	1:04:52 4:20	1:07:57 3:05	1:08:50 0:53	1:07:59 *100 1:08:01 *100 1:08:05 *100				
<b>15</b>	<b>Hugo Zarzosa Aragoneses</b>	<b>1:09:34</b>	4:01 4:01	10:53 6:52	19:20 8:27	35:49 16:29	46:06 10:17	1:00:13 14:07	1:05:20 5:07	1:08:18 2:58	1:09:34 1:16	1:08:22 *100				
<b>16</b>	<b>Ignacio Solá Gutiérrez</b> <b>Madrid COLMENAR</b>	<b>1:10:03</b>	5:06 5:06	11:50 6:44	20:24 8:34	36:49 16:25	47:04 10:15	1:01:20 14:16	1:06:23 5:03	1:09:27 3:04	1:10:03 0:36	1:09:35 *100				
<b>17</b>	<b>Rafael María González-Oui</b>	<b>1:10:22</b>	4:33 4:33	11:49 7:16	19:50 8:01	36:27 16:37	46:36 10:09	1:01:39 15:03	1:05:52 4:13	1:08:48 2:56	1:10:22 1:34					

Pos	Nombre	Tiempo											
<b>OPEN AMARILL (25)</b>			<b>2,3 km 50 m</b>		<b>8 C</b>		<b>(cont.)</b>						
			1(60)	2(48)	3(49)	4(50)	5(51)	6(52)	7(53)	8(100)	Meta		
18	Nuria Cuevas Morales	1:22:15	4:24	15:09	23:16	53:27	1:00:41	1:14:11	1:17:49	1:21:24	1:22:15	1:21:42	
			4:24	10:45	8:07	30:11	7:14	13:30	3:38	3:35	0:51	*100	
19	Maria Cristina Hijarrubia M	1:24:06	6:16	17:05	25:08	55:12	1:02:30	1:16:03	1:19:45	1:23:16	1:24:06	1:23:45	
			6:16	10:49	8:03	30:04	7:18	13:33	3:42	3:31	0:50	*100	
20	Jorge Calzada Hernanz	1:25:44	3:23	6:39	11:06	1:07:47	1:12:31	1:18:56	1:23:38	1:25:25	1:25:44		
			3:23	3:16	4:27	56:41	4:44	6:25	4:42	1:47	0:19		
21	Rodrigo Garcia Delgado	1:29:46	9:08	19:01	23:31	1:16:15	1:23:24	1:25:10	1:27:40	1:29:30	1:29:46		
			9:08	9:53	4:30	52:44	7:09	1:46	2:30	1:50	0:16		
	Jimena Hermosilla Magdal	Error en tarj.	3:56	7:06	15:15	----	----	34:37	38:04	----	38:58		
	Madrid MALARRUTA		3:56	3:10	8:09			19:22	3:27		0:54		
	Abril Hermosilla Magdalen	Error en tarj.	4:57	8:03	16:19	----	----	35:38	39:08	----	39:57		
	Madrid MALARRUTA		4:57	3:06	8:16			19:19	3:30		0:49		
	Pasion Portillo Olmo	No sale											
	Hugo Salas Gutiérrez	No sale											
<b>OPEN NARANJA (50)</b>			<b>3,6 km 100 m</b>		<b>10 C</b>								
			1(61)	2(62)	3(34)	4(37)	5(68)	6(63)	7(60)	8(45)	9(53)	10(100)	Meta
1	Guillermo Alejandro Iglesias	51:07	3:10	12:42	15:35	22:48	27:27	40:47	44:37	46:52	48:32	50:52	51:07
			3:10	9:32	2:53	7:13	4:39	13:20	3:50	2:15	1:40	2:20	0:15
2	Roberto Lucia Sanchez	52:10	3:52	10:39	12:40	22:57	25:25	43:18	47:01	48:56	50:58	51:57	52:10
			3:52	6:47	2:01	10:17	2:28	17:53	3:43	1:55	2:02	0:59	0:13
3	Antonio Del Pozo Carabias	59:41	4:15	22:39	25:25	32:21	36:12	48:17	52:56	55:48	58:05	59:21	59:41
			4:15	18:24	2:46	6:56	3:51	12:05	4:39	2:52	2:17	1:16	0:20
4	Cristina Palomino Moreno	1:00:58	5:37	24:03	26:42	33:38	37:25	49:28	54:16	57:14	59:23	1:00:39	1:00:58
			5:37	18:26	2:39	6:56	3:47	12:03	4:48	2:58	2:09	1:16	0:19
5	Rocío Mateo-Sagasta Dávi	1:02:02	2:45	14:33	16:18	28:00	31:19	53:04	57:09	58:48	1:00:45	1:01:49	1:02:02
			2:45	11:48	1:45	11:42	3:19	21:45	4:05	1:39	1:57	1:04	0:13
6	Mercedes Rueda Ubillos	1:07:27	9:58	17:59	20:24	26:36	36:08	46:50	52:29	1:03:26	1:05:47	1:07:07	1:07:27
			9:58	8:01	2:25	6:12	9:32	10:42	5:39	10:57	2:21	1:20	0:20
7	Ismael Jiménez Jiménez	1:08:09	9:02	18:28	22:30	29:39	37:23	52:01	1:00:04	1:02:29	1:06:13	1:07:52	1:08:09
	Madrid IMPERDIBLE		9:02	9:26	4:02	7:09	7:44	14:38	8:03	2:25	3:44	1:39	0:17
8	Vicente Marzal Beneyto	1:12:02	3:28	14:43	19:27	32:09	39:08	59:16	1:04:34	1:06:52	1:10:49	1:11:48	1:12:02
	Madrid O-CHARLIES LEGA		3:28	11:15	4:44	12:42	6:59	20:08	5:18	2:18	3:57	0:59	0:14
9	Verónica Viñas Chiappini	1:14:47	9:19	21:21	23:35	36:32	39:45	59:36	1:04:45	1:07:39	1:12:46	1:14:28	1:14:47
			9:19	12:02	2:14	12:57	3:13	19:51	5:09	2:54	5:07	1:42	0:19
10	Daniel Mahou Miguel	1:15:33	6:31	19:03	25:53	37:56	45:43	1:03:11	1:08:26	1:11:00	1:13:52	1:15:12	1:15:33
	Madrid COTA		6:31	12:32	6:50	12:03	7:47	17:28	5:15	2:34	2:52	1:20	0:21
11	Roberto Valero Rueda	1:17:30	4:22	15:00	17:38	24:33	42:59	1:00:29	1:07:08	1:11:19	1:14:54	1:16:45	1:17:30
	Madrid GOCAN		4:22	10:38	2:38	6:55	18:26	17:30	6:39	4:11	3:35	1:51	0:45
12	Hugo Rivas Cuevas	1:20:45	19:20	29:33	44:12	52:42	1:02:46	1:13:20	1:16:30	1:18:01	1:19:34	1:20:35	1:20:45
	Madrid O-GETAFE		19:20	10:13	14:39	8:30	10:04	10:34	3:10	1:31	1:33	1:01	0:10
13	Luis Navarro Alonso	1:21:57	5:25	14:20	19:30	45:28	56:56	1:10:13	1:15:17	1:17:00	1:20:33	1:21:37	1:21:57
			5:25	8:55	5:10	25:58	11:28	13:17	5:04	1:43	3:33	1:04	0:20
14	Santos Batanero Rodríguez	1:22:37	13:01	27:11	30:21	38:19	42:34	1:03:51	1:12:59	1:15:33	1:18:39	1:21:58	1:22:37
			13:01	14:10	3:10	7:58	4:15	21:17	9:08	2:34	3:06	3:19	0:39
15	Berta Garcia Soriano	1:23:29	19:57	31:52	33:56	46:39	48:45	1:05:03	1:10:47	1:15:05	1:18:07	1:23:06	1:23:29
			19:57	11:55	2:04	12:43	2:06	16:18	5:44	4:18	3:02	4:59	0:23
16	Carlos Llaveró Mariñelarer	1:24:15	27:11	35:43	36:58	46:31	51:54	1:08:49	1:13:03	1:15:26	1:18:21	1:23:56	1:24:15
			27:11	8:32	1:15	9:33	5:23	16:55	4:14	2:23	2:55	5:35	0:19
17	Maria Jose Soriano Vidal	1:24:45	19:48	31:18	33:32	46:28	49:39	1:09:29	1:14:44	1:17:29	1:22:45	1:24:26	1:24:45
	Madrid IBERIA		19:48	11:30	2:14	12:56	3:11	19:50	5:15	2:45	5:16	1:41	0:19
18	Gregorio Amorrích Comin	1:28:25	16:59	29:02	31:16	38:42	48:20	1:08:54	1:15:50	1:21:41	1:26:06	1:28:05	1:28:25
			16:59	12:03	2:14	7:26	9:38	20:34	6:56	5:51	4:25	1:59	0:20
19	Pablo Rego Novoa	1:28:28	8:20	27:59	31:23	41:17	48:48	1:07:50	1:13:11	1:20:06	1:25:01	1:28:12	1:28:28
			8:20	19:39	3:24	9:54	7:31	19:02	5:21	6:55	4:55	3:11	0:16
20	Mª Del Carmen Fernández	1:30:44	3:13	11:29	13:45	43:02	47:05	1:18:04	1:23:14	1:25:19	1:29:12	1:30:24	1:30:44
			3:13	8:16	2:16	29:17	4:03	30:59	5:10	2:05	3:53	1:12	0:20
21	Ariadna Villalobos Sanfabi	1:31:31	5:53	32:05	38:01	1:04:25	1:08:06	1:20:24	1:25:04	1:28:02	1:30:23	1:31:15	1:31:31
			5:53	26:12	5:56	26:24	3:41	12:18	4:40	2:58	2:21	0:52	0:16
22	Hugo Durán Ruiz De Eguil	1:32:09	8:52	26:04	30:12	40:09	54:42	1:13:35	1:21:16	1:24:55	1:28:17	1:31:27	1:32:09
			8:52	17:12	4:08	9:57	14:33	18:53	7:41	3:39	3:22	3:10	0:42
23	Amaya Sanfabi Rodríguez	1:32:56	7:13	33:20	39:08	1:06:09	1:09:26	1:21:37	1:26:25	1:29:29	1:31:37	1:32:38	1:32:56
			7:13	26:07	5:48	27:01	3:17	12:11	4:48	3:04	2:08	1:01	0:18
24	Elia Rupérez Almajano	1:33:07	10:18	27:21	31:19	41:18	55:23	1:14:49	1:22:27	1:26:03	1:29:19	1:32:30	1:33:07
			10:18	17:03	3:58	9:59	14:05	19:26	7:38	3:36	3:16	3:11	0:37
25	Inés Colmenero López	1:37:28	4:04	20:44	24:42	49:31	54:39	1:18:43	1:26:31	1:30:16	1:35:11	1:37:16	1:37:28
	Madrid C.D.C.E.B.E.		4:04	16:40	3:58	24:49	5:08	24:04	7:48	3:45	4:55	2:05	0:12
25	Francheska Melendez	1:37:28	15:18	30:44	32:55	57:53	1:02:04	1:25:39	1:30:22	1:32:54	1:35:38	1:37:10	1:37:28
	Madrid COLMENAR		15:18	15:26	2:11	24:58	4:11	23:35	4:43	2:32	2:44	1:32	0:18
27	Laura Dans Vilán	1:45:34	14:47	32:29	36:44	1:02:26	1:10:17	1:26:25	1:34:44	1:38:23	1:42:22	1:45:12	1:45:34
			14:47	17:42	4:15	25:42	7:51	16:08	8:19	3:39	3:59	2:50	0:22
28	Enrique Escandell Monter	1:49:18	13:07	19:48	22:51	28:59	38:42	1:35:08	1:40:21	1:44:06	1:46:53	1:49:04	1:49:18
			13:07	6:41	3:03	6:08	9:43	56:26	5:13	3:45	2:47	2:11	0:14
29	Mª Montserrat Agustín Goi	1:55:09	12:19	21:45	24:08	32:35	1:06:20	1:26:46	1:45:48	1:49:58	1:53:09	1:54:40	1:55:09
	Toledo NAVALCAN-O		12:19	9:26	2:23	8:27	33:45	20:26	19:02	4:10	3:11	1:31	0:29
30	Elena Castaño Álvarez	1:58:20	10:03	37:49	45:24	1:04:36	1:13:57	1:35:46	1:44:22	1:49:51	1:55:00	1:57:40	1:58:20
	No club		10:03	27:46	7:35	19:12	9:21	21:49	8:36	5:29	5:09	2:40	0:40
30	Sergio Hispan Gutierrez	1:58:20	10:46	37:40	45:21	1:04:30	1:14:04	1:35:41	1:44:26	1:49:57	1:54:59	1:57:39	1:58:20
	No club		10:46	26:54	7:41	19:09	9:34	21:37	8:45	5:31	5:02	2:40	0:41
30	Aitor Morales Hernández	1:58:20	10:41	37:46	45:22	1:04:16	1:13:29	1:35:31	1:44:24	1:49:48	1:55:00	1:57:40	1:58:20
	Alicante CEAM-IBI		10:41	27:05	7:36	18:54	9:13	22:02	8:53	5:24	5:12	2:40	0:40
33	Sofia Arenas Barea	1:58:22	10:05	37:33	45:26	1:04:35	1:13:55	1:35:35	1:44:30	1:49:5			



Pos	Nombre	Tiempo														
<b>OPEN ROJO (26)</b>		<b>5,0 km 180 m 14 C (cont.)</b>														
		1(55) Meta	2(33)	3(34)	4(35)	5(36)	6(67)	7(68)	8(63)	9(54)	10(60)	11(45)	12(57)	13(59)	14(100)	
14	Javier Donés Gordillo	2:01:27	33:22	36:05	41:27	52:05	53:53	1:00:28	1:27:17	1:37:40	1:42:29	1:49:04	1:50:59	1:58:13	2:00:36	2:01:12
			33:22	2:43	5:22	10:38	1:48	6:35	26:49	10:23	4:49	6:35	1:55	7:14	2:23	0:36
		2:01:27	0:15													
15	José Antonio Salgado Sán	2:01:51	11:07	50:07	56:04	1:01:40	1:04:16	1:12:31	1:14:45	1:26:39	1:32:37	1:37:51	1:39:33	1:58:22	2:00:46	2:01:33
			11:07	39:00	5:57	5:36	2:36	8:15	2:14	11:54	5:58	5:14	1:42	18:49	2:24	0:47
		2:01:51	0:18													
16	María García Martín	2:06:56	9:47	14:20	26:43	33:43	40:52	54:38	1:12:15	1:27:15	1:49:15	1:55:54	1:58:25	2:03:20	2:05:37	2:06:40
			9:47	4:33	12:23	7:00	7:09	13:46	17:37	15:00	22:00	6:39	2:31	4:55	2:17	1:03
		2:06:56	0:16													
17	Rui Ferreira Bernardo	2:09:08	17:14	29:49	42:48	56:15	1:00:23	1:07:07	1:11:09	1:24:29	1:47:57	1:53:51	1:56:57	2:02:00	2:07:25	2:08:04
			17:14	12:35	12:59	13:27	4:08	6:44	4:02	13:20	23:28	5:54	3:06	5:03	5:25	0:39
		2:09:08	1:04													
	Alejandro Talavera Meixus	Error en tarj.	1:00:22	1:59:48	2:17:11	2:36:31	2:40:03	2:58:22	3:15:34	3:33:52	3:49:27	4:07:01	----	----	----	----
			1:00:22	59:26	17:23	19:20	3:32	18:19	17:12	18:18	15:35	17:34				
	Alejandro Talavera Sánchez	Error en tarj.	56:17	1:57:32	2:15:22	2:34:18	2:37:53	2:56:08	3:13:02	3:31:47	3:47:35	4:04:46	----	----	----	----
			56:17	1:01:15	17:50	18:56	3:35	18:15	16:54	18:45	15:48	17:11				
	Carolin Tetiwa	Abandona	----	----	----	57:47	----	----	----	----	----	1:16:10	1:25:31	1:37:01	1:40:15	1:42:23
			1:42:56		54:13	57:47						18:23	9:21	11:30	3:14	2:08
			0:33		*36											
	Barbara Duran Hearne	Abandona	----	----	----	58:56	----	----	----	----	----	1:17:25	1:26:36	1:38:00	1:41:16	1:43:32
			1:44:09		7:36	55:18	1:43:34					18:29	9:11	11:24	3:16	2:16
			0:37		*61	*36	*100									
	Mayte Román Cuevas	Abandona	----	----	----	59:59	----	----	----	----	----	1:18:11	1:27:31	1:39:03	1:42:17	1:44:26
			1:44:59		56:14	59:59						18:12	9:20	11:32	3:14	2:09
			0:33		*36											
	Susana Rasero Fernández Madrid O-GETAFE	Abandona	13:15	42:57	54:10	1:02:53	1:08:30	1:30:38	1:37:23	1:56:35	----	----	----	----	----	----
			13:15	29:42	11:13	8:43	5:37	22:08	6:45	19:12						
			2:13:00													
			16:25													
	Sergio Sanchez Guzman	Abandona	1:15:48	----	----	----	----	----	----	----	----	1:22:51	1:26:14	1:35:09	----	----
			1:15:48									7:03	3:23	8:55		
					9:25	29:46	40:58	49:58	54:02	1:03:01	1:06:09	1:30:13	1:31:48			
					*61	*33	*68	*67	*34	*35	*36	*100	*59			
	Paula Reyes López	No sale														
	Carlos Alvarez Gallego	No sale														
<b>M-21B O-Pie (7)</b>		<b>6,6 km 250 m 15 C</b>														
		1(54) 15(100)	2(33) Meta	3(34)	4(35)	5(36)	6(37)	7(32)	8(38)	9(56)	10(58)	11(44)	12(45)	13(46)	14(47)	
1	Enrique Saenz Rodríguez Madrid GOCAN	1:14:32	9:27	14:17	17:54	21:26	23:12	30:43	37:08	48:06	55:22	59:45	1:03:17	1:05:23	1:09:47	1:12:38
			9:27	4:50	3:37	3:32	1:46	7:31	6:25	10:58	7:16	4:23	3:32	2:06	4:24	2:51
		1:14:22	1:14:32													
			1:44	0:10												
2	Gonzalo Martínez García Segovia Segovia-O	1:32:48	12:33	17:12	23:26	29:35	31:17	40:54	46:11	58:59	1:06:42	1:12:40	1:16:55	1:18:57	1:24:14	1:30:45
			12:33	4:39	6:14	6:09	1:42	9:37	5:17	12:48	7:43	5:58	4:15	2:02	5:17	6:31
		1:32:30	1:32:48													
			1:45	0:18												
3	Adonay Ríos Paz Madrid GOCAN	1:35:52	14:37	18:45	22:23	26:21	27:51	48:14	53:35	1:03:42	1:11:04	1:15:53	1:19:22	1:21:20	1:28:26	1:33:43
			14:37	4:08	3:38	3:58	1:30	20:23	5:21	10:07	7:22	4:49	3:29	1:58	7:06	5:17
		1:35:42	1:35:52													
			1:59	0:10												
4	Roberto Muñoz Pavón Toledo TOLEDO-O	2:01:10	13:01	25:37	29:28	33:06	34:42	59:56	1:09:39	1:23:33	1:32:01	1:38:48	1:43:44	1:46:02	1:50:27	1:56:10
			13:01	12:36	3:51	3:38	1:36	25:14	9:43	13:54	8:28	6:47	4:56	2:18	4:25	5:43
		2:00:53	2:01:10			1:05:01										
			4:43	0:17		*68										
5	José García De La Fuente Madrid O-GETAFE	2:27:21	9:28	17:18	22:56	27:39	30:15	44:31	56:13	1:27:02	1:38:13	1:49:59	1:54:56	1:59:32	2:07:05	2:21:11
			9:28	7:50	5:38	4:43	2:36	14:16	11:42	30:49	11:11	11:46	4:57	4:36	7:33	14:06
		2:26:50	2:27:21													
			5:39	0:31												
	Alvaro Mesas De Castro Cuenca COMCU	Abandona	6:50	11:45	16:07	20:28	22:34	33:35	49:52	----	----	----	----	1:05:05	----	----
			6:50	4:55	4:22	4:21	2:06	11:01	16:17					15:13		
			----	1:07:20		1:06:31										
				2:15		*53										
	Rubén Hernández De La F Madrid GOCAN	No sale														
<b>M-65 O-Pie (13)</b>		<b>4,1 km 130 m 11 C</b>														
		1(61)	2(36)	3(34)	4(37)	5(68)	6(63)	7(60)	8(48)	9(45)	10(53)	11(100)	Meta			
1	Miguel Ángel Murúa Brase Madrid BOM	46:51	2:46	7:28	12:44	17:55	21:25	32:06	36:34	38:32	43:53	45:23	46:35	46:51		
			2:46	4:42	5:16	5:11	3:30	10:41	4:28	1:58	5:21	1:30	1:12	0:16		
2	Jesús García Pajuelo Madrid RUMBO MADRID	49:16	3:56	8:37	14:15	18:54	22:14	33:19	40:00	41:48	45:45	47:53	48:57	49:16		
			3:56	4:41	5:38	4:39	3:20	11:05	6:41	1:48	3:57	2:08	1:04	0:19		

Pos	Nombre	Tiempo												
<b>M-65 O-Pie (13)</b>		<b>4,1 km 130 m 11 C (cont.)</b>												
		1(61)	2(36)	3(34)	4(37)	5(68)	6(63)	7(60)	8(48)	9(45)	10(53)	11(100)	Meta	
<b>3</b>	<b>José Antonio Vera Jiménez</b> Madrid IMPERDIBLE	<b>49:48</b>	4:01	8:43	13:51	19:17	22:18	36:32	41:27	43:26	46:07	48:21	49:33	49:48
			4:01	4:42	5:08	5:26	3:01	14:14	4:55	1:59	2:41	2:14	1:12	0:15
<b>4</b>	<b>Antonio López Lara</b> Segovia Segovia-O	<b>53:09</b>	3:52	8:18	13:51	19:04	27:53	39:49	44:56	46:59	49:28	51:31	52:52	53:09
			3:52	<b>4:26</b>	5:33	5:13	8:49	11:56	5:07	2:03	2:29	2:03	1:21	0:17
<b>5</b>	<b>Moisés Zafra Zafra</b> Madrid MONTE_EL_PARDI	<b>57:06</b>	3:38	9:19	16:51	23:44	26:43	39:44	45:38	48:46	51:58	55:24	56:49	57:06
			3:38	5:41	7:32	6:53	<b>2:59</b>	13:01	5:54	3:08	3:12	3:26	1:25	0:17
<b>6</b>	<b>Joaquín Lozano Ramírez [</b> Segovia Segovia-O	<b>57:22</b>	4:21	15:26	20:11	29:09	33:24	45:10	49:38	51:58	54:28	56:01	57:08	57:22
			4:21	11:05	<b>4:45</b>	8:58	4:15	11:46	4:28	2:20	2:30	1:33	1:07	<b>0:14</b>
<b>7</b>	<b>Andrés Sánchez Montoro</b> Madrid O-GETAFE	<b>58:26</b>	7:05	12:28	18:21	23:56	33:37	43:09	48:49	50:53	55:08	56:51	58:07	58:26
			7:05	5:23	5:53	5:35	9:41	<b>9:32</b>	5:40	2:04	4:15	1:43	1:16	0:19
<b>8</b>	<b>Juan Antonio Gómez Rodr</b> Madrid GOCAN	<b>59:36</b>	3:15	8:03	14:56	21:36	27:50	43:36	50:16	53:01	55:45	58:00	59:16	59:36
			3:15	4:48	6:53	6:40	6:14	15:46	6:40	2:45	2:44	2:15	1:16	0:20
<b>9</b>	<b>Miguel Ángel Rica Cámara</b> Madrid BOM	<b>59:59</b>	2:47	20:44	27:04	31:24	----	45:50	50:55	53:09	55:24	57:27	59:40	59:59
			2:47	17:57	6:20	<b>4:20</b>	----	14:26	5:05	2:14	2:15	2:03	2:13	0:19
<b>10</b>	<b>Salvador Salinas Rodríguez</b> Madrid IMPERDIBLE	<b>1:08:30</b>	4:55	11:09	18:04	26:31	37:17	55:30	59:44	1:01:48	1:04:53	1:06:58	1:08:10	1:08:30
			4:55	6:14	6:55	8:27	10:46	18:13	4:14	2:04	3:05	2:05	1:12	0:20
<b>11</b>	<b>Adolfo Florido Alvarez</b> Madrid IBERIA	<b>1:13:21</b>	11:07	16:54	22:11	49:35	52:46	1:02:21	1:06:31	1:08:11	1:10:16	1:11:49	1:13:04	1:13:21
			11:07	5:47	5:17	27:24	3:11	9:35	<b>4:10</b>	<b>1:40</b>	<b>2:05</b>	1:33	1:15	0:17
<b>12</b>	<b>Francisco Martínez Porter</b> Madrid O-CHARLIES LEGA	<b>2:01:39</b>	18:31	26:41	32:52	38:09	46:01	1:46:13	1:51:44	1:54:45	1:57:47	2:00:02	2:01:24	2:01:39
			18:31	8:10	6:11	5:17	7:52	1:00:12	5:31	3:01	3:02	2:15	1:22	0:15
	<b>Ignacio Muñoz De Baena F</b> Madrid IBERIA	<b>No sale</b>												
<b>F-65 O-Pie (2)</b>		<b>3,6 km 100 m 10 C</b>												
		1(61)	2(62)	3(34)	4(37)	5(68)	6(63)	7(60)	8(45)	9(53)	10(100)	Meta		
<b>1</b>	<b>Arantza Knörr Argote</b> Madrid IBERIA	<b>1:23:52</b>	<b>6:24</b>	<b>17:29</b>	<b>20:42</b>	<b>40:31</b>	<b>48:38</b>	<b>1:08:16</b>	<b>1:13:43</b>	<b>1:16:37</b>	<b>1:20:11</b>	<b>1:23:34</b>	<b>1:23:52</b>	
			<b>6:24</b>	<b>11:05</b>	<b>3:13</b>	19:49	8:07	19:38	<b>5:27</b>	<b>2:54</b>	<b>3:34</b>	3:23	<b>0:18</b>	
<b>2</b>	<b>María Hornell De Viqueira</b> Madrid MALARRUTA	<b>1:31:40</b>	11:14	25:19	30:24	45:25	50:36	1:08:30	1:16:32	1:23:44	1:28:50	1:31:03	1:31:40	
			11:14	14:05	5:05	<b>15:01</b>	<b>5:11</b>	<b>17:54</b>	8:02	7:12	5:06	<b>2:13</b>	0:37	